

Letter to the Editor

Comment on: Chronic intravascular coagulation in liver cirrhosis predicts a high hemorrhagic risk

Dear Editor,

We read with great interest the article by Ruberto et al¹ on the role of intravascular coagulation in liver cirrhosis about the hemorrhagic risk.

This retrospective study demonstrated the existence of a state of hypercoagulability in patients with liver cirrhosis. The plasma of 282 cirrhotic patients was examined measuring the endogenous generation of thrombin (ETP) with and without thrombomodulin (TM) and the D-dimer. Hypercoagulability conditions were evidenced by higher ETP ratio and D-Dimer levels in cirrhotic patients compared to the control group. In accordance with the scores proposed by the American College of Chest Physician, considering patients with a Hemorrhagic score > 7, the ETP ratio, D-Dimer levels and platelet count were significantly different in patients compared to control. Noting the ETP ratio > 0.88, D-Dimer was higher while fibrinogen and platelet counts were statistically lower in cirrhotic patients, compared to healthy individuals. A similar trend occurred when the same patients were divided by platelet count (< / > 100 x 10⁹ / L).

These results indicated a state of hypercoagulability, associated with an increase in D-Dimer levels and a decrease in fibrinogen levels and platelet count, resulting in a low-grade intravascular coagulation, a potential risk factor of bleeding (Figure 1).

Liver cirrhosis is a chronic and progressive disease, characterized by the widespread and irreversible alteration of the liver structure²⁻⁴. This condition is a consequence of damage of various kinds accumulated over a long period⁵: i) viral infections (hepatitis B, hepatitis C, hepatitis D and herpesviruses)⁶⁻¹¹; ii) chronic alcohol abuse¹²; iii) non-alcoholic fatty liver disease¹²; iv) autoimmune diseases¹³; v) primary sclerosing cholangitis¹⁴; vi) hemochromatosis¹⁵ and vii) Wilson's disease¹⁶.

Liver cirrhosis involves hemostatic alteration, resulting in changes in primary hemostasis, coagulation and fibrinolysis^{17,18}. The coagulation system of healthy individuals has evolved to maintain a safe balance of pro- and anti-hemostatic systems. This balance promotes rapid coagulation during vessel rupture and simultaneously preserves local thrombosis control during vascular remodeling. Most co-

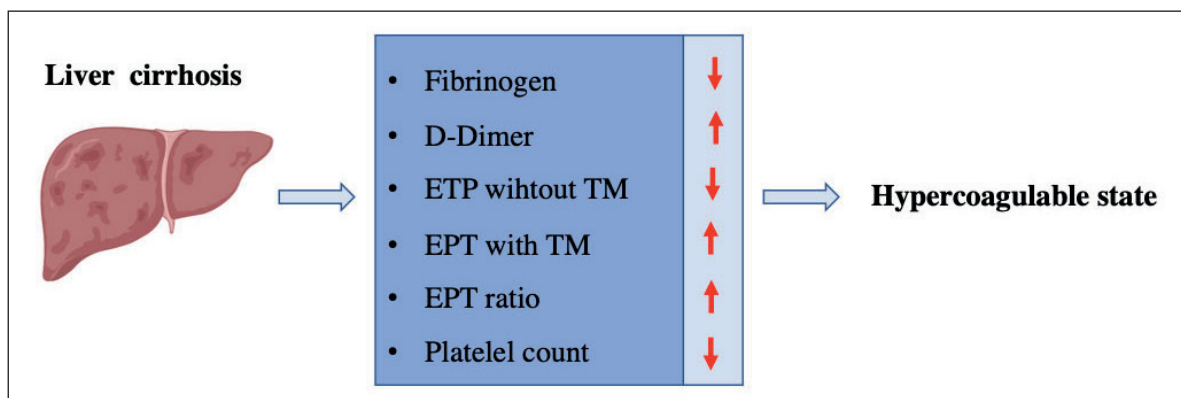


Figure 1. Coagulation imbalance in patients with liver cirrhosis.

agulation proteins are produced by the liver, such as I (fibrinogen), II (thrombin), V, VII, IX, X and XI, as well as protein C, protein S, hepcidin and antithrombin¹⁹. Patients with liver cirrhosis present an altered hemostatic system, due to low platelet counts and increased levels of von Willebrand factor. Furthermore, a reduced synthesis of inhibitors, procoagulant factors and an impaired fibrinolysis occurs in cirrhotic patients. Previous evidence²⁰ reported that altered hemostatic system promoted bleeding, protecting against thrombosis. Later studies proved a “dynamic state” of the hemostatic system in cirrhotic patients, which could undertake a condition of hypercoagulability or hypocoagulability¹⁷. Consistent with the present study, Tripodi et al²¹ reported that the plasma of cirrhotic patients was characterized by a pro-coagulant imbalance, induced by resistance to the anticoagulant action of thrombomodulin. This resistance was related to a condition typical of patients with liver cirrhosis, who present high plasma levels of factor VIII (procoagulant driver) and low levels of protein C (anticoagulant driver).

From a clinical point of view, portal vein thrombosis (PVT) is a common complication in liver cirrhosis, especially in advanced cirrhosis²². PVT can be of non-neoplastic and neoplastic origin, and the latter is common in patients with hepatocellular carcinoma (HCC)^{23,24}. PVT in cirrhotic patients with HCC are estimated to have an annual incidence ranging from 7.4% to 24%²⁵. HCC in patients with liver cirrhosis worsens the prognosis and may limit the indication for liver transplantation^{26,27}. In addition, even in the absence of HCC, liver cirrhosis can lead to the onset of PVT, due to increased intrahepatic vascular resistance and reduced portal flow velocity²⁸.

In conclusion, the current study provided novel evidence on cirrhotic coagulopathy, revolutionizing the therapeutic interventions and prophylactic procedures implemented on patients with cirrhosis. Furthermore, this evidence suggests coagulation factors as prognostic indicators in liver cirrhosis.

Conflict of Interest

The Authors declare that they have no conflict of interests.

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