# MiRNA-200a-3p suppresses the proliferation, migration and invasion of non-small cell lung cancer through targeting IRS2

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**Abstract.** – OBJECTIVE: To uncover the biological role of microRNA-200a-3p (miRNA-200a-3p) in the progression of non-small cell lung cancer (NSCLC) and the underlying mechanism.

PATIENTS AND METHODS: The expression levels of miRNA-200a-3p and IRS2 in NSCLC tissues and cell lines were examined through quantitative Real Time-Polymerase Chain Reaction (qRT-PCR). The correlation between the miRNA-200a-3p level and pathological characteristics of NSCLC patients was analyzed. The prognostic value of miRNA-200a-3p in NSCLC was assessed through the Kaplan-Meier method. The potential interaction between miRNA-200a-3p and IRS2 was explored through Dual-Luciferase Reporter Gene Assay and Spearman correlation test. The regulatory effects of miRNA-200a-3p/ IRS2 on the proliferative, migratory, and invasive abilities of NSCLC were evaluated by Cell Counting Kit-8 (CCK-8) and the transwell assay. The protein levels of the epithelial-mesenchymal transition (EMT)-related genes in NSCLC cells influenced by miRNA-200a-3p were detected by Western blot.

RESULTS: MiRNA-200a-3p was downregulated in NSCLC tissues and cell lines. The expression level of miRNA-200a-3p was related to tumor size, TNM staging, and lymphatic metastasis of NSCLC. The low level of miRNA-200a-3p predicted worse prognosis in NSCLC patients. The overexpression of miRNA-200a-3p inhibited A549 cells from proliferating, migrating, and invading. The protein levels of E-cadherin were upregulated, while N-cadherin and Vimentin were downregulated in A549 cells overexpressing miRNA-200a-3p. The Dual-Luciferase Reporter Gene Assay verified the binding between miRNA-200a-3p and IRS2. The level of IRS2 was negatively regulated by miRNA-200a-3p. Moreover, the overexpression of IRS2 could reverse the regulatory role of miRNA-200a-3p in the cellular behaviors of A549 cells.

**CONCLUSIONS:** MiRNA-200a-3p suppresses the proliferative, migratory, and invasive abilities of NSCLC by targeting IRS2, thus alleviating the progression of NSCLC.

Key Words:

MiRNA-200a-3p, IRS2, Non-small cell lung cancer (NSCLC).

#### Introduction

Lung carcinoma is a highly prevalent malignancy throughout the world. Non-small cell lung cancer (NSCLC) is the most common subtype, accounting for 85% of all lung carcinoma cases¹. NSCLC is manifested as high mortality and poor prognosis, and its 5-year survival is lower than 16%². Owing to the insufficient screening and diagnosis approaches in the early phase, the detective rate of the early-stage NSCLC is very low. The prognosis of the advanced NSCLC is extremely poor. The effective inhibition of the proliferation and metastasis of NSCLC contributes to improve the clinical outcomes of the affected patients³.

MicroRNAs (MiRNAs) are non-coding, single-strand RNAs containing 18-25 nucleotides. They are extensively distributed in mammals, plants, and viruses, and participate in a series of life activities<sup>4,5</sup>. Scholars<sup>6</sup> have discovered the crucial role of miRNAs in the occurrence and progression of tumors. Based on the specific functions, the tumor-related miRNAs are served as oncogenes or tumor-suppressor genes<sup>7</sup>. A plenty of abnormally expressed miRNAs have been discovered in NSCLC, which are closely involved in the malignant progression of NSCLC<sup>8</sup>. Liu et

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al<sup>9</sup> demonstrated that the overexpression of miR-454 suppresses NSCLC cells to proliferate, migrate, and invade by binding STAT3. Want et al<sup>10</sup> highlighted the role of miR-124 in inhibiting the proliferative rate of NSCLC by downregulating STAT3. Hence, the clarification of the molecular mechanism of miRNAs underlying the occurrence and progression of NSCLC contributes to develop miRNA-based drugs targeting NSCLC.

It is reported that the miR-200 family could be utilized as intervention targets for tumor diseases, thus improving the prognosis of affected patients. There are 5 members in the miR-200 family. Based on their locations in the gene cluster, the 5 members were classified into two groups (miR-200a/b/429 and miR-200c/141), serving a carcinogenic or tumor-suppressor effect<sup>11,12</sup>. MiRNA-200a-3p is the most dysregulated member in the miR-200 family. It is closely related to multiple types of cancer<sup>13-15</sup>. Nevertheless, the specific role of miRNA-200a-3p in NSCLC remains unclear.

This study focused on the regulatory effect of miRNA-200a-3p on epithelial-mesenchymal transition (EMT) and cellular behaviors of NSCLC.

## **Patients and Methods**

## Sample Collection

A total of 44 NSCLC patients were enrolled in this study. NSCLC tissues and adjacent normal tissues were surgically harvested and preserved. The clinical data and follow-up information of the enrolled NSCLC patients were collected. All subjects volunteered to participate in the study and signed the written informed consent. This study was approved by the Ethics Committee of The First Affiliated Hospital of Nanjing Medical University.

#### Cell Culture and Transfection

Normal lung epithelial cell line (BEAS-2B) and lung carcinoma cell lines (A549, PC9, H292, and SPC-A1) were provided by Cell Bank (Shanghai, China). The cells were cultured in Dulbecco's Modified Eagle's Medium (DMEM) containing 10% fetal bovine serum (FBS; Gibco, Rockville, MD, USA). The medium was replaced every two days. The cell passage was conducted every 6 days at a ratio of 1:3.

The cells were cultured until 80-90% confluence and subjected to transfection using Lipofectamine 2000 (Invitrogen, Carlsbad, CA, USA). Six hours later, the complete medium was replaced. The transfected cells for 24-48 h were harvested for the following experiments.

# Cell Counting Kit-8 (CCK-8)

The cells were seeded in a 96-well plate with  $2\times10^3$  cells per well. At the appointed time points, the absorbance value at 450 nm of each sample was recorded using the CCK-8 kit (Dojindo Laboratories, Kumamoto, Japan) for depicting the viability curves.

# Quantitative Real Time-Polymerase Chain Reaction (qRT-PCR)

The extraction of the total cellular RNA was performed using the TRIzol reagent (Invitrogen, Carlsbad, CA, USA) and RNA was subjected to reverse transcription. The extracted complementary deoxyribose nucleic acid (cDNA) was used as a template for PCR using the SYBR Green method (TaKaRa, Otsu, Shiga, Japan). QRT-PCR reaction conditions were as follows: 94°C for 30 s, 55°C for 30 s, and 72°C for 90 s, for a total of 40 cycles. The relative level of the target gene was calculated by the 2-DACt method. The primer sequences were listed as follows: miRNA-200a-3p: F: 5'-ACATCGTTACCAGACAGTGTTA-3', R: 5'-ACATCGTTACCAGACAGTGTTA-3'; IRS2: F: 5'-TTGACTTCTTGTCCCACCACTTG-3', R: 5'-GCTGAGCGTCTTCTTTTAATGATACT-3'. GAPDH was served as the internal control for IRS2. U6 was the internal control of miRNA-200a-3p. U6, forward, 5'-CTCGCTTCGGCAG-CACA-3'; reverse, 5'-AACGCTTCACGAATTT GCGT-3'. GAPDH, forward, 5'-AGGTCGGT-GTGAACGGATTTG-3'; reverse, 5'-TGTAGAC-CATGTAGTTGAGGTCA-3'

# Transwell Assay

The cell density was adjusted to  $3\times10^4$  cells/ml.  $100~\mu$ l of suspension was applied in the upper side of the transwell chamber (Corning, Corning, NY, USA) and pre-coated with diluted Matrigel. In the bottom side,  $600~\mu$ L of medium containing 20% FBS was applied. After 24 h of incubation, the cells migrated to the bottom side were fixed in methanol for 15 min, stained with crystal violet for 20 min, and counted using a microscope. The number of migratory cells was counted in 5 randomly selected fields per sample (magnification  $200\times$ ).

#### Western Blot

The total protein was extracted from cells using radioimmunoprecipitation assay (RIPA) and quantified by bicinchoninic acid (BCA) method (Beyotime, Shanghai, China). The protein sample was loaded for electrophoresis and transferred on polyvinylidene difluoride (PVDF) membranes

(Millipore, Billerica, MA, USA). After blockage of non-specific antigens in PBS containing 5% skim milk for 2 hours, the membranes were subjected to incubation with primary and secondary antibodies. The bands were exposed by enhanced chemiluminescence (ECL) and analyzed by Image Software (NIH, Bethesda, MD, USA).

# **Dual-Luciferase Reporter Gene Assay**

The cells were co-transfected with miR-NC/miRNA-200a-3p mimic and IRS2-WT/IRST-MT using Lipofectamine 2000. After transfection for 48 hours, the co-transfected cells were lysed for determining the Luciferase activity using the Dual-Luciferase Reporter Assay System (Promega, Madison, WI, USA).

## Statistical Analysis

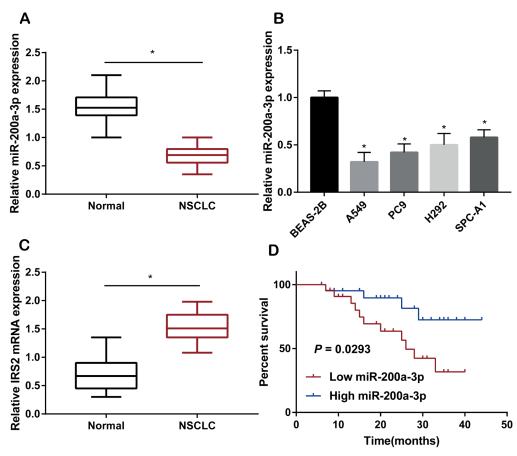
The Statistical Product and Service Solutions (SPSS) 19.0 (IBM Corp., Armonk, NY, USA) and

GraphPad Prism 7.0 (La Jolla, CA, USA) were used for data analyses. The data were expressed as mean ± standard deviation. The differences between the two groups were analyzed by the *t*-test. The survival analysis was conducted by introducing the Kaplan-Meier method, followed by the logrank test for comparing the difference between the curves. The Spearman correlation test was carried out to identify the relationship between the expression levels of miRNA-200a-3p and IRS2. *p*<0.05 was considered as statistically significant.

# Results

# MiRNA-200a-3p Was Downregulated in NSCLC

The miRNA-200a-3p level was detected in 44 paired cases of NSCLC tissues and adjacent normal tissues by qRT-PCR. It is shown that



**Figure 1.** MiR-200a-3p was downregulated in NSCLC. **A**, Relative level of miR-200a-3p in NSCLC tissues and adjacent normal tissues. **B**, Relative level of miR-200a-3p in normal lung epithelial cell line (BEAS-2B) and lung carcinoma cell lines (A549, PC9, H292, and SPC-A1). **C**, Relative level of IRS2 in NSCLC tissues and adjacent normal tissues. **D**, The Kaplan-Meier curves showed survival in NSCLC patients with high-level or low-level miR-200a-3p.

Clinicopathologic features	Number of cases	MiR-200a-3p expression		
		Low (n=22)	High (n=22)	<i>p</i> -value
Age (years)				0.507
≤50	20	8	12	
>50	24	12	12	
Gender				0.763
Male	22	12	10	
Female	22	11	11	
Tumor size				0.046*
≤3 cm	19	8	11	
>3 cm	25	18	7	
TNM stage				0.028*
I-II	18	8	10	
III-IV	26	20	6	
Distant metastasis				0.036*
Yes	24	16	8	
No	20	7	13	

**Table I.** Correlation between miR-200a-3p level and pathological characteristics of NSCLC patients (n=44).

miRNA-200a-3p was downregulated in NSCLC tissues relative to normal ones (Figure 1A). In lung carcinoma cell lines, miRNA-200a-3p was identically downregulated (Figure 1B). IRS2 level in NSCLC tissues was detected as well, which was upregulated in NSCLC tissues than that of normal ones (Figure 1C). In addition, the relationship between miRNA-200a-3p level and pathological characteristics of NSCLC was identified. As shown in Table I, the miRNA-200a-3p level was closely correlated to tumor size, TNM staging, and lymphatic metastasis of NSCLC patients. The Kaplan-Meier curves revealed a worse survival in NSCLC patients expressing a low level of miRNA-200a-3p (Figure 1D).

# Overexpression of MiRNA-200a-3p Attenuated the Proliferative and Metastatic Abilities of NSCLC

The transfection efficacies of miRNA-200a-3p mimic and miRNA-200a-3p inhibitor were examined in A549 cells (Figure 2A). The overexpression of miRNA-200a-3p markedly decreased the viability in A549 cells, whereas the knockdown of miRNA-200a-3p achieved the opposite trend (Figure 2B). The transfection of miRNA-200a-3p mimic reduced the migratory and invasive cell numbers in A549 cells. Conversely, the transfection of miRNA-200a-3p inhibitor enhanced the numbers of the migratory and invasive cells (Figure 2C). The protein levels of EMT-related genes were examined by Western blot. As the results showed, the transfection of miRNA-200a-3p mimic upregulated the E-cadherin and down-

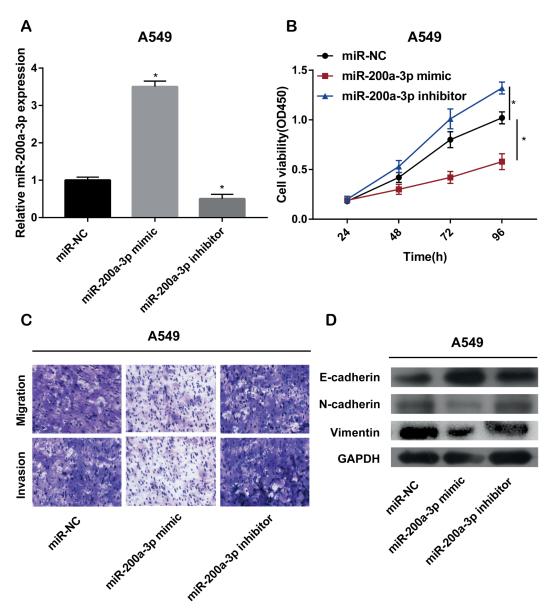
regulated the N-cadherin and Vimentin. The knockdown of miRNA-200a-3p in A549 cells resulted in the opposite trends in the protein levels of E-cadherin, N-cadherin, and Vimentin (Figure 2D).

# IRS2 Was the Direct Target for MiRNA-200a-3p

Through prediction in TargetScan, IRS2 was found to be the direct target of miRNA-200a-3p (Figure 3A). The Luciferase activity was markedly reduced after the co-transfection of miRNA-200a-3p mimic and IRS2-WT, verifying the binding between miRNA-200a-3p and IRS2 (Figure 3B). The Spearman correlation test illustrated a negative correlation between the expression levels of miRNA-200a-3p and IRS2 in NSCLC tissues (Figure 3C). Furthermore, the transfection of miRNA-200a-3p mimic downregulated IRS2 level in A549 cells. On the contrary, the transfection of miRNA-200a-3p inhibitor upregulated IRS2 level (Figure 3D). Hence, IRS2 was proved to be the direct target for miRNA-200a-3p, and its level was negatively regulated by miRNA-200a-3p in NSCLC.

# IRS2 Reversed the Regulatory Effect of MiRNA-200a-3p on NSCLC

To further uncover the interaction between miRNA-200a-3p and IRS2, a series of rescue experiments were conducted. The downregulated level of IRS2 in A549 cells overexpressing miR-NA-200a-3p was reversed by IRS2 overexpression (Figure 4A). The transfection of miRNA-200a-3p

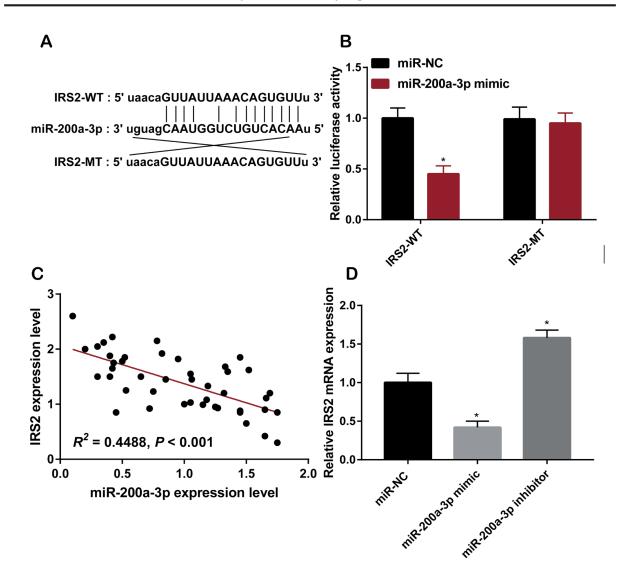


**Figure 2.** Overexpression of miR-200a-3p suppressed the proliferative, migratory, and invasive abilities of NSCLC. **A,** Transfection efficacies of miR-200a-3p mimic and miR-200a-3p inhibitor in A549 cells. **B,** Viability in A549 cells transfected with miR-NC, miR-200a-3p mimic, or miR-200a-3p inhibitor. **C,** Migration and invasion in A549 cells transfected with miR-NC, miR-200a-3p mimic, or miR-200a-3p inhibitor (magnification 200×). **D,** Protein levels of E-cadherin, N-cadherin, and Vimentin in A549 cells transfected with miR-NC, miR-200a-3p mimic, or miR-200a-3p inhibitor.

mimic reduced the viability in A549 cells, which was partially reversed by the co-transfection of pcDNA-IRS2 (Figure 4B). Identically, the reduced migratory and invasive cell numbers in A549 cells overexpressing miRNA-200a-3p were elevated after the overexpression of IRS2 (Figures 4C, 4D). It is believed that the overexpression of IRS2 reversed the regulatory effects of miRNA-200a-3p on proliferative, migratory, and invasive abilities of NSCLC.

## Discussion

In recent years, the high mortality and morbidity of NSCLC pose a huge threat to the global public health<sup>16-18</sup>. NSCLC is a kind of heterogeneous tumor, which is pathologically classified into squamous cell carcinoma (accounting for 30%), adenocarcinoma (40%), and large cell carcinoma (15%)<sup>19,20</sup>. With the advance in early-stage diagnosis and therapeutic strategies, the incidence of



**Figure 3.** IRS2 was the direct target for miR-200a-3p. **A**, Binding sites between IRS2 and miR-200a-3p. **B**, Luciferase activity in A549 cells co-transfected with miR-NC/miR-200a-3p mimic and IRS2-WT/IRST-MT. **C**, A negative correlation between the expression levels of miR-200a-3p and IRS2. **D**, Relative level of IRS2 in A549 cells transfected with miR-NC, miR-200a-3p mimic, or miR-200a-3p inhibitor.

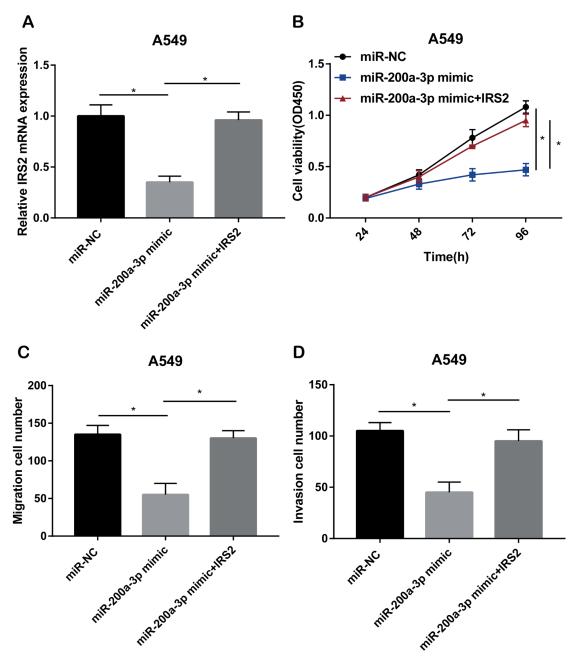
NSCLC is slowly declined. However, the 5-year survival of NSCLC remains low<sup>21</sup>. Invasiveness and metastasis are the major characteristics of malignant tumors, which are the leading causes of treatment failure.

MiRNAs are able to regulate the gene expressions at post-transcriptional level by binding to 3'UTR of target genes<sup>22</sup>. They are involved in the diagnosis, treatment, and drug-resistance of NSCLC. NSCLC-associated miRNAs could be utilized as hallmarks for elevating the sensitivity and specificity in NSCLC diagnosis<sup>23,24</sup>. Gregory et al<sup>25</sup> reported that miRNA-200a-3p exerts the tumor-suppressor effect by mediating EMT of

tumor cells. In this study, miRNA-200a-3p was found to be downregulated in NSCLC tissues and cell lines. The overexpression of miRNA-200a-3p remarkably attenuated A549 cells to proliferate and metastasize. A series of investigations<sup>26-30</sup> have demonstrated the involvement of EMT-related miRNAs in the progression of NSCLC, including miR-33a, miR-135a, miR-134, miR-149, and miR-23a. Our study showed that the knockdown of miRNA-200a-3p downregulated E-cadherin and upregulated N-cadherin and Vimentin in A549 cells. It is suggested that miRNA-200a-3p was able to induce EMT in NSCLC and served as a tumor suppressor.

IRS2 locates on the 13q34 region, which is a member of the insulin receptor substrate (IRS) family. It is considered as an adaptor protein for additional surface receptors, including the closely related insulin-like growth factor 1 receptor (IGF-1R)<sup>31,32</sup>. Upregulated IRS2 could be observed in many types of cancer, including NSCLC<sup>33</sup>. Zhang et al<sup>34</sup> demonstrated that the overexpression of

miR-338-3p inhibits proliferative, migratory, and invasive abilities, but promotes apoptosis of NS-CLC cells by targeting IRS2. Wang et al<sup>35</sup> found that miR-431 inhibits the adipogenic differentiation of bone marrow mesenchymal stem cells by targeting IRS2. In our work, through bioinformatics prediction and experimental verification, miRNA-200a-3p was proved to bind to IRS2 and



**Figure 4.** IRS2 reversed the regulatory effect of miR-200a-3p on NSCLC. A549 cells were transfected with miR-NC, miR-200a-3p mimic, or miR-200a-3p mimic + pcDNA-IRS2. **A,** Relative level of IRS2 in A549 cells. **B,** Viability in A549 cells at 24, 48, 72, and 96 h. **C,** Migratory cell number. **D,** Invasive cell number.

negatively regulated its level in A549 cells. Moreover, the overexpression of IRS2 could partially reverse the regulatory effect of miRNA-200a-3p on cellular behaviors of A549 cells. Collectively, our study illustrated that miRNA-200a-3p suppressed the malignant progression of NSCLC by inhibiting IRS2 level.

## Conclusions

It has been demonstrated in this report that miRNA-200a-3p suppresses the proliferative and metastatic abilities of NSCLC by targeting IRS2, thus alleviating the progression of NSCLC.

#### **Conflict of Interests**

The Authors declare that they have no conflict of interests.

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