

# Serum calprotectin correlates with risk and disease severity in psoriasis patients and the decrease of calprotectin predicts better response to tumor necrosis factor inhibitors

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**Abstract.** – **OBJECTIVE:** This study aimed to investigate the correlation of serum calprotectin expression with risk and severity of psoriasis, as well as its predictive value for clinical response to tumor necrosis factor inhibitors (TNFi) treatment in psoriasis patients.

**PATIENTS AND METHODS:** 72 psoriasis patients and 70 health controls (HCs) were enrolled. Blood samples were collected, and serum calprotectin was determined by commercial enzyme-linked immunosorbent assay (ELISA). All patients were treated by TNFi treatment and followed up at 6 months, and the last follow-up date was 2016/11.

**RESULTS:** Calprotectin level was elevated in psoriasis patients compared to HC ( $p < 0.001$ ), and it disclosed a good diagnostic value of psoriasis with area under curve (AUC) 0.810, 95% CI 0.810-0.935. Calprotectin expression was positively associated with Psoriasis Severity Index (PASI) score ( $R = 0.72$ ,  $p < 0.001$ ), while it was not associated with PASI75 ( $R = 0.125$ ,  $p = 0.297$ ). 58.3% patients achieved PASI75 and 43.1% patients achieved PASI90 at M6. Calprotectin was decreased during the 6-month treatment ( $p < 0.001$ ). Changes of calprotectin during the 6-month (Δcalprotectin (M0-M1)) in PASI75 group were more than that of non-PASI75 group ( $p < 0.001$ ). Also, multivariate logistic analysis revealed that Δcalprotectin (M0-M1) ( $p = 0.001$ ) was an independent factor for PASI75 achievement at M6 and TNFi treatment, while pre-systemic biologic treatment ( $p = 0.001$ ) was an independent factor for non-PASI75 achievement.

**CONCLUSIONS:** Serum calprotectin expression is correlated with risk and severity of psoriasis, and the decrease of calprotectin during the first month could predict better clinical response to TNFi treatment in psoriasis patients.

*Key Words:*

Serum, Calprotectin, Psoriasis, Tumor necrosis factor inhibitors (TNFi), Response.

**Introduction**

Psoriasis is a chronic inflammatory skin disease affecting more than 125 million people worldwide, which is considered as a crucial threat imperiling human physical and psychological health due to its major clinical symptoms including sharp demarcated papules, pustules and plaques. In recent years, various treatments for psoriasis patients, such as topical therapy, phototherapy, systemic therapy and biologic therapy, have been greatly developed and improved<sup>3,4</sup>. Among these treatments, tumor necrosis factor inhibitors (TNFi), one of the important biological therapy drugs, have been popularly performed in psoriasis patients<sup>5</sup>. However, the effects of TNFi therapy in some psoriasis patients are still far more from satisfaction resulted from individual heterogeneity, drug toxicity, and prolonged delay of diagnosis<sup>6</sup>. Thus, additional biomarkers for evaluating the risk of psoriasis and predicting the responses to TNFi therapy are greatly needed.

Calprotectin, a calcium-zinc binding protein secreted by monocyte and neutrophil, has been found to play a key role in multiple physiological and pathological processes, including regulation of immune response, inhibition of cell proliferation, as well as repression of pathogenic microorganism growth<sup>7,8</sup>. Large amounts of evidences have proven that calprotectin expression is related to the development and progression of various immune diseases such as systemic lupus erythematosus (SLE), rheumatoid arthritis (RA) and psoriasis<sup>9-11</sup>. However, few studies about the effects of calprotectin expression in psoriasis patients receiving TNFi therapy have been explored. Hence, the purpose of this study was to investigate the correlation

of serum calprotectin expression with risk and severity of psoriasis, as well as its predictive value for clinical response to TNFi treatment in psoriasis patients.

## Patients and Methods

### Patients

The current study was a prospective cohort study, which consecutively enrolled 72 patients who were diagnosed with plaque psoriasis in moderate to severe degree and receiving TNFi therapy in Department of Dermatology, Tong Ren Hospital, Shanghai Jiao Tong University School of Medicine from June 2014 to May 2016. Inclusion criteria: (1) more than 18 years old; (2) diagnosed by with plaque psoriasis; (3) in a moderate to severe degree which defined as body surface area (BSA)  $\geq 10\%$ . Also, Psoriasis Area and Severity Index (PASI) score  $\geq 8$  points; (4) about to switch to or initiate TNFi therapy. Exclusion criteria: (1) patients with malignant tumor history; (2) patients with severe infection; (3) patients with moderate-severe liver or renal dysfunction (defined as more than three times the normal value); (4) women during pregnant or lactation period; (5) patients who were not able to be followed up regularly. In addition, 70 healthy volunteers were recruited as healthy controls (HCs) from Department of Physical Examination in the same duration. The age, gender and body mass index (BMI) of HCs were similar to those of psoriasis patients. HCs with history of moderate-severe hepatic or renal dysfunction, autoimmune disease, malignancy as well as infection were excluded. This study has been approved by Ethics Committee of Tong Ren Hospital, Shanghai Jiao Tong University School of Medicine. All patients and HCs signed the informed consents.

### Treatment and Follow-Ups

All patients received TNFi treatment (infliximab (IFX) (Novartis AG, Schaffhausen, Switzerland) or etanercept (ETN) (Boehringer Ingelheim Pharmaceuticals, Inc., Ridgefield, CT, USA) according to clinical experience and disease conditions. The common routine of TNFi treatments were as follows: ETN, 50 mg per week<sup>12</sup>; IFX, 5 mg/kg at weeks 0, 2, 6, 14 and 22<sup>13</sup>. Combinations with topical therapy, phototherapy or systemic non-biologic treatments were recorded. The median follow-up duration was 6 months, and the last follow-up date was 2016/11.

### Data Collection and Efficacy Assessment

Clinical and pathological properties in all psoriasis patients at baseline were collected, including age, gender, BMI, disease duration, BSA, PASI, treatment history and combinations. Besides, PASI score at month 1 (M1), month 3 (M3) and month 6 (M6) in all patients was recorded during 6-month TNFi treatment. As for patients who lost follow-up, lacked efficacy or with severe side effects during the study, the measurement of calprotectin at the last follow-up was taken as the value of each later missing visit, and disease assessment (PASI score) at last follow-up was taken as the value at each later missing visit as well. Achievement of PASI75/90 was assessed at each visit, which was defined as the  $\geq 75\%$  or  $90\%$  improvement in PASI score after treatment. In the meanwhile, factors affecting PASI75/90 achievement at M6 after TNFi treatment were analyzed.

### Blood Sample Collection and Calprotectin Measurement

Peripheral blood samples were obtained from psoriasis patients and HCs when enrolled in this study, besides, 4 ml peripheral blood samples were collected at month 1, 3, 6 after TNF inhibition in psoriasis patients. Serum samples were extracted from peripheral blood immediately after collection and stored as  $-80^{\circ}\text{C}$  for further detection. Expression of serum calprotectin was determined by commercial enzyme-linked immunosorbent assay (ELISA) kit (R&D, Minneapolis, MN, USA) according to the instructions of manufacturers.

### Statistical Analysis

Statistical analysis was carried out using SPSS 22.0 (IBM, Armonk, NY, USA). Data were presented as mean  $\pm$  standard deviation, median (25<sup>th</sup>-75<sup>th</sup>) or count (%). Comparison between two groups was detected by t test, Wilcoxon rank sum test or Chi-square test. Friedman rank sum test was used to analyze difference in calprotectin values among each visit in psoriasis patients during 6-months treatment. Receiver operating characteristic (ROC) curve was performed to evaluate diagnostic value for psoriasis. Univariate logistic regression model was used to evaluate factors affecting PASI75/90 achievement at M6 after TNFi treatment, all factors with a  $p$ -value  $< 0.1$  were further analysed by the multivariate logistic regression model.  $p < 0.05$  was considered significant.

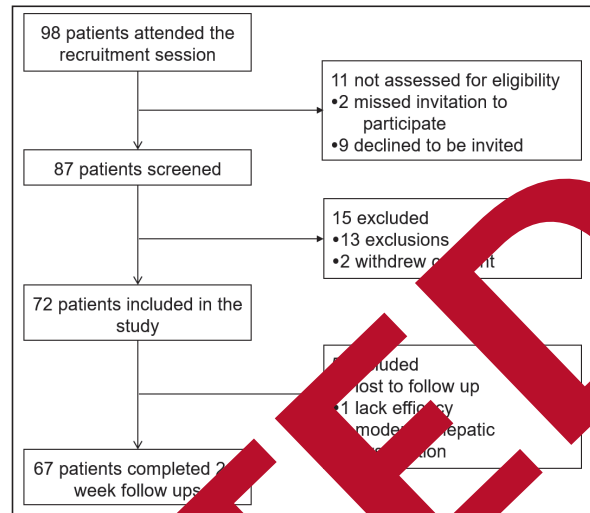
**Results**

**Study Flow**

In the present study, 98 psoriasis patients were invited: 11 cases were not assessed for eligibility, among which 2 patients missed invitation to participate, and 9 patients declined to be invited (Figure 1). In the remaining 87 patients who were screened for eligibility, 15 cases were excluded: 13 patients with the exclusion criteria and 2 disagreed with informed consents, leading to 72 patients included. Ultimately, among these 72 included patients, 5 cases did not complete the whole study: 3 lost follow-up, 1 lacked efficacy and 1 with moderated hepatic dysfunction, thereby 67 patients completed 24-week follow-ups. In the study, the analysis of treatment response (PASI75, PASI90) was based on 72 patients; the measurement of calprotectin and disease assessment (PASI score) at last follow up was used as the value of each later missing visit.

**Characteristics of Psoriasis Patients and HCs**

The mean age of psoriasis patients and HCs were  $42.25 \pm 10.93$  and  $40.73 \pm 7.49$ , respectively (Table I). Male and female were 52 and 20 in psoriasis group, 46 and 24 in HCs. No difference of age ( $p = 0.334$ ), gender ( $p = 0.402$ ), BMI ( $p = 0.810$ ) between psoriasis group and HCs were observed. As for psoriasis patients,



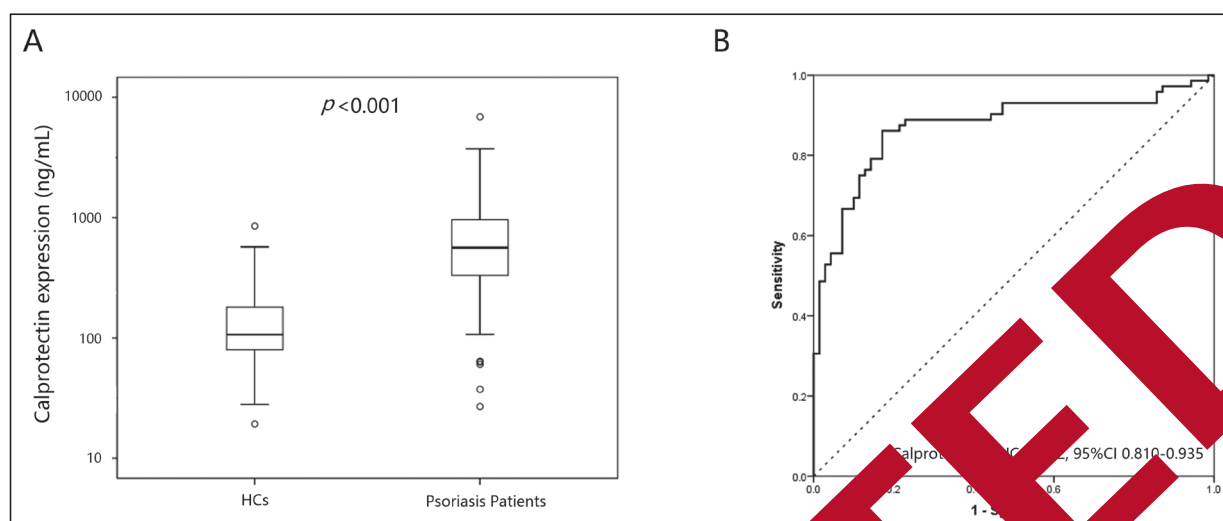
**Figure 1.** Study flow

the median BSA was 26.5% (21.0%-35.0%), and PASI score was 13.66 (10.86-22.44). 58 (80.6%) psoriasis patients received ETN treatment, while 14 (19.4%) patients received IFX treatment. The number of patients with previous treatment by topical therapy, phototherapy, systemic non-biologic treatment and pre-systemic biologic treatment were 65 (90.3%), 59 (81.9%), 40 (55.6%) and 10 (13.9%) respectively. Other characteristics of psoriasis patients and HCs were shown in Table I.

**Table I.** Characteristics of psoriasis patients and HCs.

	Psoriasis patients (N = 72)	HCs (N = 70)	p-value
Age (years)	42.25 ± 10.93	40.73 ± 7.49	0.334
Gender (male/female)	52/20	46/24	0.402
BMI (kg/m <sup>2</sup> )	24.55 ± 2.72	24.44 ± 2.81	0.810
Disease duration (years)	17.83 ± 10.20	—	—
BSA (%)	26.5 (21.0-35.0)	—	—
PASI score	13.66 (10.86-22.44)	—	—
Current treatment (n/%)			
ETN	58 (80.6)	—	—
IFX	14 (19.4)	—	—
Combinations (n/%)			
Topical therapy	56 (77.8)	—	—
Phototherapy	39 (54.2)	—	—
Systemic non-biologic treatment	34 (47.2)	—	—
Previous treatment (n/%)			
Topical therapy	65 (90.3)	—	—
Phototherapy	59 (81.9)	—	—
Systemic non-biologic treatment	40 (55.6)	—	—
Pre-systemic biologic treatment	10 (13.9)	—	—

Data was presented as mean ± standard deviation, median (25<sup>th</sup>-75<sup>th</sup>) or count. Comparison between two groups was detected by *t*-test, Wilcoxon rank sum test or  $\chi^2$  test.  $p < 0.05$  was considered significant. HCs, health controls; BMI, body mass index; BSA, body surface area (affected by psoriasis); PASI, psoriasis area and severity index; ETN, etanercept; IFX, Infliximab.



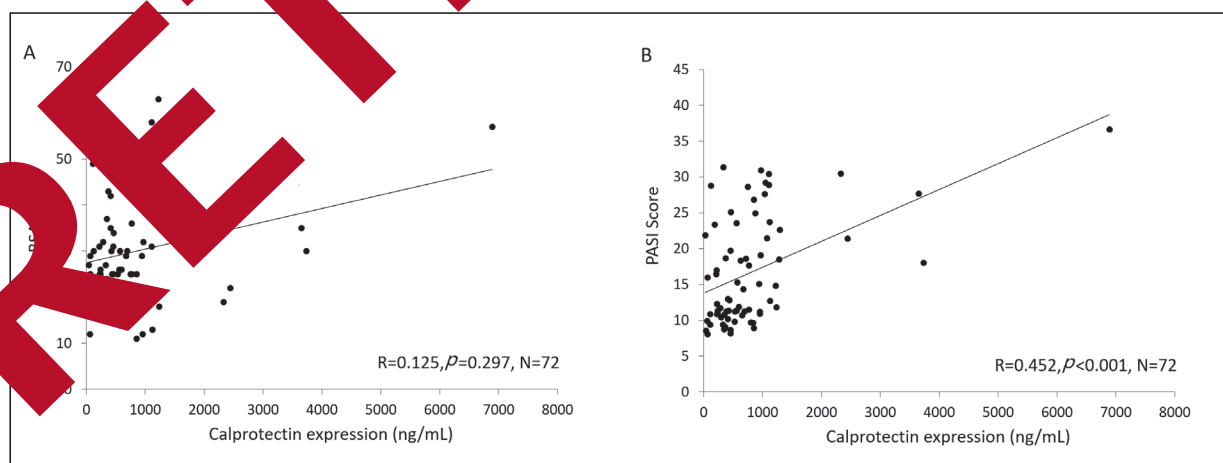
**Figure 2.** Predictive value of calprotectin in risk of psoriasis. **A**, Comparison between calprotectin expressions in psoriasis patients and in HCs. **B**, ROC curves of calprotectin for psoriasis. Wilcoxon rank sum test was used to analyze the comparison of calprotectin expressions in psoriasis patients and in HCs.  $p < 0.05$  was considered significant. ROC curve was conducted to evaluate the diagnostic value of calprotectin for psoriasis.

### Predictive Value of Calprotectin in Risk of Psoriasis

Predictive value of calprotectin in risk of psoriasis was analyzed in Figure 2. Calprotectin level was elevated in psoriasis group (562.16 (329.923-964.154) ng/mL) compared to HCs (106.047 (78.939-181.338) ng/mL),  $p < 0.001$  (Figure 2A). In addition, calprotectin expression disclosed a good value in the diagnosis of psoriasis with AUC 0.872, 95% CI 0.810-0.935 (Figure 2B).

### Calprotectin Expression Positively Correlated with PASI Score But Not BSA Score in Psoriasis Patients

Association of calprotectin expression with BSA and PASI score in psoriasis patients were evaluated in Figure 3. No correlation of calprotectin expression with BSA was observed ( $R = 0.125, p = 0.297, N = 72$ ) (Figure 3A), while calprotectin expression was positively associated with PASI score ( $R = 0.452, p < 0.001, N = 72$ ) (Figure 3B).



**Figure 3.** Association of calprotectin expression with BSA and PASI score. **A**, Association of calprotectin expression with BSA. **B**, Association of calprotectin expression with PASI score. Kaplan-Meier curves were used to evaluate the correlation of calprotectin expression with BSA and PASI score.  $p < 0.05$  was considered significant.

**PASI75 and PASI90 Achievement**

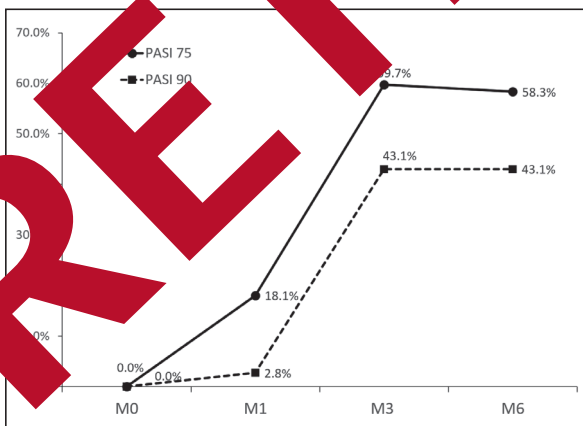
After TNFi treatment, 59.7% patients at M3 and 58.3% patients at M6 with PASI75 achievement were observed, while 43.1% patients with PASI90 achievement at M3 and M6 were found (Figure 4).

**Calprotectin Expression After Treatment**

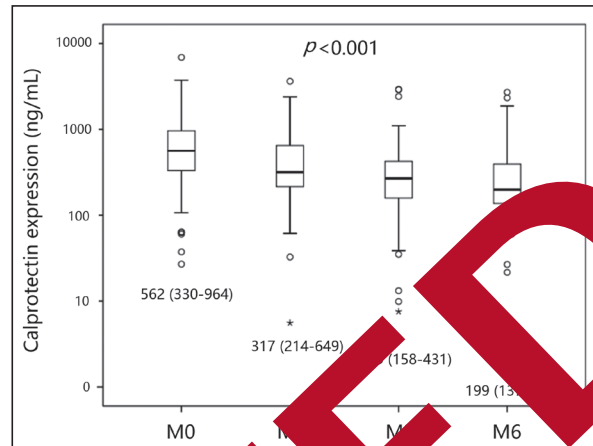
Comparisons of calprotectin expression after treatment at M0, M1, M3 and M6 were determined by Friedman rank sum test (Figure 5). Calprotectin expression in psoriasis patients was decreased during the 6-month period after treatment ( $p < 0.001$ ), and calprotectin value was 562 (330-964) at M0, 317 (214-649) at M1, 269 (158-431) at M3, and 199 (137-394) at M6, respectively.

**Decrease of Calprotectin From M0 to M1 ( $\Delta$ calprotectin (M0-M1)) Correlates with PASI75 Achievement After 6-month TNF Inhibitor Treatment**

According to whether psoriasis patients achieved PASI75 or not, patients were divided into two groups: PASI75 group and Non-PASI75 group. As listed in Figure 6, the correlation of calprotectin and its changes during the 6-month with PASI75 achievement at M6 after TNFi treatment, were assessed. No difference of calprotectin expression between PASI75 group and Non-PASI75 group ( $p = 0.15$ ) was found (Figure 6A), while  $\Delta$ calprotectin (M0-M1) level



**Figure 4.** Comparison of PASI75 and PASI90 achievement after TNFi treatment. *t*-test was used to analyze the comparison of PASI75 and PASI90 achievement after TNFi treatment.



**Figure 5.** Comparisons of calprotectin expression after treatment at M0, M1, M3 and M6. Friedman rank sum test was used to evaluate the comparison of calprotectin expression after treatment at M0, M1, M3 and M6.  $p < 0.05$  was considered significant.

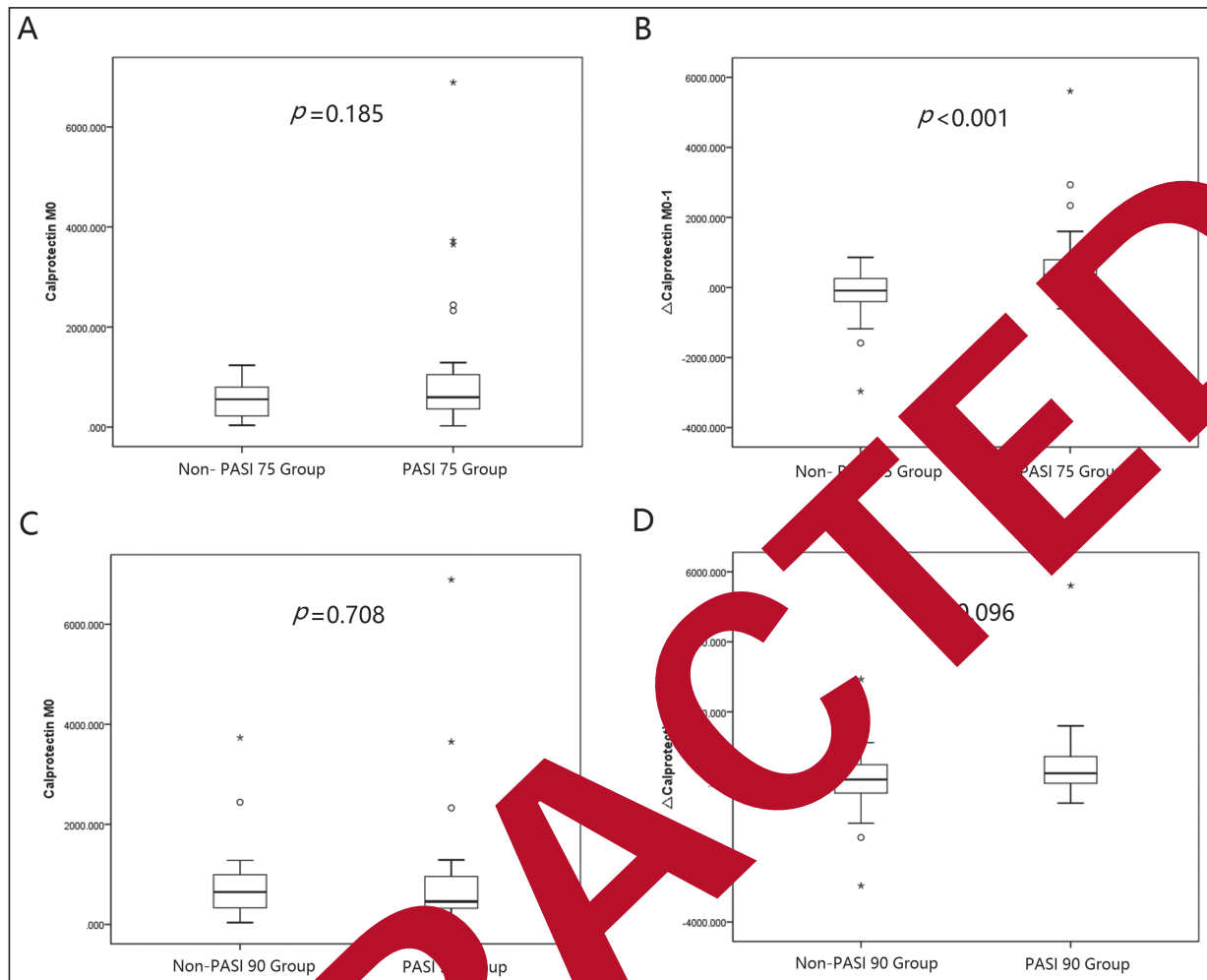
was increased in PASI75 group than Non-PASI75 group ( $p < 0.001$ ) (Figure 6B).

No difference in either calprotectin expression ( $p = 0.708$ ) (Figure 6C) or  $\Delta$ calprotectin (M0-M1) ( $p = 0.096$ ) (Figure 6D) was found between PASI90 group and Non-PASI90

**$\Delta$ Calprotectin (M0-M1) Could Predict PASI75 Achievement in Psoriasis Patients After TNFi Treatment**

Univariate logistic regression model was used to evaluate factors affecting PASI75 achievement at M6 after TNFi treatment, as presented in Table II, which indicated that  $\Delta$ calprotectin (M0-M1) ( $p = 0.001$ ) was positively associated with PASI75 achievement at M6 after TNFi treatment, while Pre-systemic biologic treatment ( $p = 0.008$ ) was negatively correlated with it. All factors with a  $p$ -value  $< 0.1$  were further analyzed by the multivariate logistic regression model. It revealed that  $\Delta$ calprotectin (M0-M1) ( $p = 0.001$ ) was an independent factor for PASI75 achievement at M6 after TNFi treatment, while Pre-systemic biologic treatment ( $p = 0.001$ ) was an independent factor for non-PASI75 achievement.

Univariate and multivariate logistic analysis were performed to assess the factors affecting PASI90 achievement at M6 after TNFi treatment (Table III). No factors could predict PASI90 achievement at M6 after TNFi treatment independently.



**Figure 6.** Correlation of calprotectin and  $\Delta$ calprotectin changes during the first month with PASI75/90 achievement at M6 after TNFi treatment. **A**, Comparison between calprotectin expressions in non-PASI75 and in PASI75. **B**, Comparison between  $\Delta$ calprotectin (M0-M1) in non-PASI75 and in PASI75. **C**, Comparison between calprotectin expressions in non-PASI90 and in PASI90. **D**, Comparison between  $\Delta$ calprotectin (M0-M1) in non-PASI90 and in PASI90. Wilcoxon rank sum test was used to analyze the correlation of calprotectin and  $\Delta$ calprotectin changes during the first month with PASI75/90 achievement at M6 after TNFi treatment.  $p < 0.05$  was considered significant.

## Discussion

The results in this study showed that: (1) the level of calprotectin was elevated in psoriasis patients compared to HCs, and it disclosed a good diagnostic value for psoriasis. Additionally, calprotectin expression was positively associated with PASI score. (2) After TNFi treatment, 70.0% patients at M3 and 58.3% patients at M6 achieved PASI75, while 43.1% patients realized PASI90 at M3 and M6 respectively. In the meanwhile, calprotectin expression in psoriasis patients was decreased during the 6-month period after treatment. (3)  $\Delta$ calprotectin (M0-M1) level was increased in PASI75 group than Non-PASI75 group,

and  $\Delta$ calprotectin (M0-M1) was an independent factor of PASI75 achievement at M6 after TNFi treatment, while Pre-systemic biologic treatment was an independent factor of Non-PASI75 achievement. Psoriasis, a recurrent systemic disease with inflammation regulated by T lymphocyte, is characterized by excessive infiltration of inflammatory cell, hyper proliferation of epidermal keratinocytes and abnormal angiogenesis<sup>14, 15</sup>. Although psoriasis etiology is still confused, many risk factors including genetic predisposition, immune-mediated disorder and environmental change contribute to its development<sup>16</sup>.

Calprotectin, consisting of S100A8 and S100A9 heterodimer, is considered as an inflammation-re-

**Table II.** Analysis of factors affecting PASI 75 achievement after 6-month TNFi treatment.

	Univariate model				Multivariate model			
	p-value	OR	95% CI		p-value	OR	95% CI	
			Lower	Higher			Lower	Higher
Calprotectin at M0	0.126	1.001	1.000	1.002	–	–	–	–
ΔCalprotectin (M0-M1)	<b>0.001</b>	1.002	1.001	1.003	<b>0.001</b>	1.004	1.002	1.006
Age (years)	0.503	0.985	0.944	1.029	–	–	–	–
Gender (male)	0.722	1.208	0.427	3.419	–	–	–	–
BMI (kg/m <sup>2</sup> )	0.208	0.891	0.746	1.066	–	–	–	–
Disease duration (years)	0.906	0.997	0.952	1.044	–	–	–	–
BSA at baseline (%)	0.211	1.027	0.985	1.070	–	–	–	–
PASI Score at baseline	0.488	1.023	0.959	1.091	–	–	–	–
TNFi agent (ETN vs. IFX)	0.098	0.313	0.079	1.241	0.053	0.57	0.001	1.02
Combinations								
Topical therapy	0.341	0.564	0.173	1.836	–	–	–	–
Phototherapy	0.549	1.333	0.520	3.417	–	–	–	–
Systemic non-biologic treatment	0.132	2.091	0.801	5.458	–	–	–	–
Previous treatment								
Topical therapy	0.389	2.000	0.413	9.681	–	–	–	–
Phototherapy	0.717	1.250	0.374	4.183	–	–	–	–
Systemic non-biologic treatment	0.873	0.926	0.360	–	–	–	–	–
Pre-systemic biologic treatment	<b>0.008</b>	0.057	0.007	0.480	<b>0.001</b>	0.056	0.000	0.114

Factors affecting PASI 75 achievement at M6 were analyzed by univariate logistic regression model, and all factors with  $p < 0.1$  were further detected by multivariate logistic regression model.  $p < 0.05$  was considered significant. BMI, body mass index; BSA, body surface area (affected by psoriasis); PASI, psoriasis area and severity index; ETN, etanercept; IFX, Infliximab.

**Table III.** Analysis of factors affecting PASI 90 achievement after 6-month TNFi treatment.

	Univariate model				Multivariate model			
	p-value	OR	95% CI		p-value	OR	95% CI	
			Lower	Higher			Lower	Higher
Calprotectin at M0	0.126	1.000	1.000	1.001	–	–	–	–
ΔCalprotectin (M0-M1)	0.117	1.000	1.000	1.001	–	–	–	–
Age (years)	0.454	1.017	0.974	1.062	–	–	–	–
Gender (male)	0.394	1.592	0.547	4.634	–	–	–	–
BMI (kg/m <sup>2</sup> )	0.860	0.985	0.828	1.170	–	–	–	–
Disease duration (years)	0.830	1.005	0.960	1.052	–	–	–	–
BSA at baseline (%)	0.195	1.027	0.987	1.068	–	–	–	–
PASI Score at baseline	0.805	1.008	0.947	1.073	–	–	–	–
TNFi agent (ETN vs. IFX)	0.560	0.706	0.219	2.276	–	–	–	–
Combinations								
Topical therapy	0.231	0.503	0.164	1.549	–	–	–	–
Phototherapy	0.705	0.835	0.327	2.129	–	–	–	–
Systemic non-biologic treatment	0.517	1.363	0.534	3.476	–	–	–	–
Previous treatment								
Topical therapy	0.991	1.009	0.209	4.876	–	–	–	–
Phototherapy	0.712	1.261	0.369	4.312	–	–	–	–
Systemic non-biologic treatment	0.915	0.950	0.372	2.429	–	–	–	–
Pre-systemic biologic treatment	–	–	–	–	–	–	–	–

Factors affecting PASI 90 achievement at M6 were analyzed by univariate logistic regression model, and all factors with  $p < 0.1$  were further detected by multivariate logistic regression model.  $p < 0.05$  was considered significant. Pre-systemic biologic treatment was not analyzed due to lack of effective events. HCs, health controls; BMI, body mass index; BSA, body surface area (affected by psoriasis); PASI, psoriasis area and severity index; ETN, etanercept; IFX, Infliximab.

lated protein that is involved in the development of various diseases resulted from excessive inflammation and immune disorder<sup>9-11,17</sup>. Accumulating evidence indicates that high expression of calprotectin is observed in RA, SLE and inflammatory bowel disease (IBD); also, it could be served as a convincing diagnostic biomarker in these diseases<sup>10,18,19</sup>. In accordance with these studies, increase of calprotectin was found in psoriasis patients compared with HCs in this study, and it disclosed a good diagnostic value of psoriasis. The possible reason is that calprotectin is secreted by monocytes and neutrophils, and their concentrations reflect inflammation disorder in psoriasis patients directly<sup>20</sup>. The main significance of increased levels of calprotectin is related to inflammation, while it is not the only one. According to previous studies, increased level of calprotectin is also correlated with immune responses through controlling some medically relevant bacteria and fungi including *S. aureus*, *Candida albicans*, and *Aspergillus fumigates*<sup>21,22</sup>. Further study about detailed mechanisms of calprotectin in psoriasis is greatly needed.

In addition, we also found that calprotectin expression was positively associated with PASI75 score, while no correlation between calprotectin expression and BSA was revealed in our study. The possible explanation might be that PASI75 score is a comprehensive assessment of disease severity considering BSA, erythema, infiltrated degree and desquamation degree, which is greatly influenced by inflammation. Calprotectin has been demonstrated to be an inflammation protein; its upregulation in psoriasis patients correlates with higher inflammation, which may result in the severe comprehensive disease severity. As to BSA, it's just an index of disease severity instead of a comprehensive measurement, thus the influence of BSA by inflammation associated with calprotectin was lesser<sup>20,23-25</sup>.

TNF, a great family consisted of TNF- $\alpha$ , TNF- $\beta$  and TNF- $\gamma$ , have been established their various functions, not only repressing cell growth, resisting infection, but also participating in inflammation and improving cell proliferation and differentiation<sup>26-29</sup>. As to psoriasis patients, TNF- $\alpha$ , particularly in TNF- $\alpha$  (occupying 70-95% of TNF family), could induce the production of inflammation medium, such as interleukin-1 (IL-1), IL-8 and prostaglandin E2 (PGE2), promoting inflammation. Also, it could increase mitogen proliferation and Ig secretion, causing excessive keratinocytes proliferation and differ-

entiation<sup>30-34</sup>. Therefore, TNFi treatment focus on inhibiting TNF expression, decreasing inflammatory cytokines activation and suppressing keratinocytes proliferation, thereby blocking inflammation and contributing on remission of skin lesions in psoriasis patients<sup>6,35-37</sup>. These could be used to explain the findings in our study; after TNFi treatment, high effects on PASI75 of 58.3% and PASI90 of 41.7% at M6 were observed. Furthermore, we also found that calprotectin expression showed a rapid increase from M0 to M6. The possible cause is that TNFi treatment controls inflammation, decreases activation of inflammatory mediators, resulting in the reduction of calprotectin expression<sup>38,39</sup>.

As to predictive value, calprotectin expression has been reported as a potential biomarker to predict treatment response in several diseases, including RA and inflammatory bowel disease<sup>40</sup>. Among them, decreased level of serum calprotectin was found in RA patients compared with HCs, and a rapid reduction of serum calprotectin levels predicted the early clinical response to biological treatments<sup>40</sup>. Lower fecal calprotectin expression was also observed in patients with ulcerative colitis than that of HCs, and its decrease could predict remission of disease<sup>42</sup>. Partially in line with these results, our study revealed that decrease of calprotectin during the first month in PASI75 group was higher than that of Non-PASI75 group, and it could independently predict PASI75 achievement after 6-month TNFi treatment. Hence, the early changes of calprotectin expression might have potential effects on prediction of TNFi treatment response. There are two possible reasons: one reason is that a rapid change in calprotectin expression could reflect a sharp decrease of inflammation cytokines and reduction of inflammation severity in psoriasis patients, resulting in the sustaining remission of skin lesion in psoriasis patients, thereby decreasing PASI score<sup>39,43</sup>. Another is that fast decrease of calprotectin could regulate several immune cells, including T-helper (Th) 1, Th2 as well as Th17 cells, and so on, which contributes to improvement of skin lesion, decreasing PASI score<sup>24,44,45</sup>. Several limitations still existed in the current study: (1) the follow-up duration of 6 months was relatively short, hence, our study did not explore the long-term response; (2) correlations of calprotectin expression with inflammation cytokines, keratinocytes and angiogenesis were not assessed; (3) sample size was relatively small;



(4) detailed mechanism of calprotectin in psoriasis was not explored. Further investigations with longer follow-up duration and larger sample size need to be carried out in the future.

### Conclusions

We showed that serum calprotectin expression is correlated with risk and severity of psoriasis. The decrease of calprotectin during the first month could predict better clinical response to TNFi treatment in psoriasis patients.

### Conflict of Interest

The Authors declare that they have no conflict of interests.

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