

# Study on correlation between liver ultrasonic appearance of patients with chronic hepatitis B and cirrhosis and hydrothorax

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**Abstract. – OBJECTIVE:** The aim of this study is to analyze the correlation between liver ultrasonic quantitative detection indexes of patients with chronic hepatitis B and cirrhosis and hepatic hydrothorax.

**PATIENTS AND METHODS:** We selected 56 cases of patients with chronic hepatitis B and cirrhosis combined with hepatic hydrothorax in our hospital from March 2013 to March 2015. Also, we selected 63 cases of patients with cirrhosis without hepatic hydrothorax at the same time. The comparison of liver ultrasonic quantitative detection indexes and positions, quantities and proportions of hepatic hydrothorax of patients in these two groups was conducted.

**RESULTS:** In compare to the index of liver size and the level of ALP in two groups, there were not significant difference ( $p > 0.05$ ). In the observation group, the diameter of portal vein, the blood flow velocity of portal vein and the level of serum albumin were significantly increased in comparison to the control group. For patients with hydrothorax, both sides of the observation group, the diameter of portal vein, blood flow velocity of portal vein and level of serum albumin were significantly decreased while comparing to the patients with hydrothorax in right ( $p < 0.05$ ). The volume of hydrothorax was negatively related to the diameter of portal vein, blood flow velocity of portal vein and the level of serum albumin, while the proportion of hydrothorax was not related to the diameter of portal vein, the blood flow velocity of portal vein and the level of serum albumin.

**CONCLUSION:** The liver ultrasonic quantitative detection indexes of patients with chronic hepatitis B and cirrhosis, diameter of portal vein, blood flow velocity of portal vein and level of serum albumin might be related to the volume of hepatic hydrothorax.

**Keywords:**

Chronic hepatitis B, Cirrhosis, Liver ultrasound, Hepatic hydrothorax.

## Introduction

We investigated the correlation between chronic hepatitis B and cirrhosis and the stage of compensation, which often has mass ascites with or without hydrothorax (referred to “hepatic hydrothorax”)<sup>1</sup>. Most of the previous studies were mainly focused on the correlation between ascites and hepatic functions or ultrasonic liver appearance, or simply observation of the position, volume and quality of hepatic hydrothorax. There were few studies about the correlation between liver ultrasonic quantitative detection indexes of patients with chronic hepatitis B and cirrhosis and hepatic hydrothorax. Once hepatic hydrothorax is formed, it causes more risk than ascites<sup>6</sup>, and it easily leads to chest tightness, shortness of breath, cough and other symptoms. It can be confused with lung and heart diseases, which brings trouble to clinical diagnosis and treatment<sup>7</sup>. Therefore, it is really important to judge the correlation between hepatic hydrothorax and cirrhosis. We analyzed the correlation between liver ultrasonic quantitative detection indexes of patients with chronic hepatitis B and cirrhosis and hepatic hydrothorax.

## Patients and Methods

### Patients

56 cases of patients with chronic hepatitis B and cirrhosis combined with hepatic hydrothorax in the Digestive Department of our hospital were selected from March 2013 to March 2015. For observation group, 63 cases of patients with cirrhosis without hepatic hydrothorax were also selected at the same time. Exclusion

criteria was non-hepatitis B cirrhosis, severe cirrhosis in the stage of decompensation, hepatic encephalopathy, non-hepatic hydrothorax (cardiogenic hydrothorax, pulmonary hydrothorax, etc.), pregnancy, infection, autoimmune diseases, severe dysfunctions of heart, liver, kidney and other internal organs, intolerance of ultrasonic examination and thoracentesis, poor compliance and refusal of this study. This study was passed by Ethics Committee in our hospital and obtained informed consent rights of patients and their families. In the observation groups, there were 33 males and 23 females, aging from 42 to 77, with an average of  $56.8 \pm 12.3$ . The disease duration of cirrhosis was from 3 months to 5 years, with an average of  $2.4 \pm 1.1$  years. In the control group, there were 39 males and 24 females, aging from 39 to 78, with an average of  $57.4 \pm 11.6$ . The disease duration of cirrhosis was from 2 months to 8 years, with an average of  $2.7 \pm 1.5$  years. The comparison of gender, age and disease duration in these two groups was not statistically significant ( $p > 0.05$ ).

### Methods

The liver ultrasonic quantitative detection indexes were observed<sup>2</sup>. MindrayDC-7 color ultrasound instrument and convex array probe were used in the abdomen with the frequency of 2.0-5.0 MHz. The dorsal position of the patient in the left decubitus position was taken to measure the maximum vertical distance of the fifth or sixth rib in right as the anteroposterior diameter of the right lobe of the liver. The thickness of left lobe and the section of longitudinal diameter measurement by the sagittal longitudinal section of the right lobe of the liver passing abdominal aorta was measured. Further, the maximum distance between anterior and posterior left lobe of the liver as the thickness of left lobe (including caudate lobe) was measured, and the coated position of superior and inferior left lobe which was parallel to the median line of the body as the diameter of left lobe was also measured. The position of measuring the diameter of main portal vein and blood flow velocity was mainly positioned near to the ventral inferior vein. After observing a longitudinal section of ventral inferior vein, the measuring point was placed in the intima of the vascular wall; its vertical diameter was measured and the diameter of the portal vein was obtained. Color Doppler Flow Imaging (CDFI) and power Doppler imaging

was started to observe the condition of blood flow of portal vein. Pulse Doppler was used to collect samples from the center of the portal vein, the acoustic beam was adjusted to the angle of blood flow direction  $< 60^\circ$ , and the blood flow velocity was measured. The measurements were carried out when patients hold breath in the end of inspiration. The measurements have been completed by one person and measurements were repeated for 3 times to obtain average value. The index of the size of the liver was equal to the anteroposterior diameter of the right lobe of the liver, the thickness of the left lobe of the liver and longitudinal diameter of the right lobe of the liver. The values of alanine aminotransferase and serum albumin of patients were recorded, when they were admitted into the laboratory of our hospital at the same time.

The position, volume and proportion of hepatic hydrothorax was evaluated. MindrayDC-7 color ultrasound instrument (Indianapolis, IN, USA) was used and use convex array probe in abdomen with frequency of 2.0-5.0 MHz. In the standing position, anterior axillary line, midline and posterior axillary line of the back and the fifth to tenth intercostal space of linea thoracica was scanned. After detecting liquid hydrothorax, the horizontal area, the upper and lower boundary, right and left distribution range of hydrothorax in crosscut, slit, oblique cutting and other anatomical positions and the depth to body surface were measured. The laboratory test has been adopted by the thoracic puncture.

### Evaluation Indexes

The liver ultrasonic quantitative detection indexes including the index of the size of the liver, diameter of portal vein and blood flow velocity of portal vein of patients in these two groups were measured. The laboratory indexes included alanine aminotransferase alkaline phosphatase (ALP) and serum albumin, the position, volume and proportion of hepatic hydrothorax and potential correlation of them.

### Statistical Analysis

SPSS 19.0 statistical software (SPSS Inc., Chicago, IL, USA) was used to analyze data. The data was presented as mean  $\pm$  standard deviation and *t*-test was adopted while comparing between groups. The cases or percentage was used to indicate enumeration data; the  $\chi^2$  test was adopted for comparing between groups.  $p < 0.05$  was considered as statistically significant.

## Results

### Comparison of Liver Ultrasonic Quantitative Detection Indexes and Laboratory Indexes

While comparing the index of liver size and ALP level, the differences were not statistically significant ( $p>0.05$ ). In the observation group, the diameter of portal vein, blood flow velocity in portal vein and serum albumin levels were significantly lower than those in the control group ( $p<0.05$ ) (Table I).

### Comparison of Position, Volume and Proportion of Hepatic Hydrothorax of Patients in the Observation Group

Among 56 cases of patients in the observation group, there were 37 cases of right-sided hydrothorax (66.1%) and 19 cases of bilateral hydrothorax. The volume of hydrothorax was 100-2500 ml with an average of  $1356.7\pm78.9$  ml. The volume of left-sided hydrothorax was 50-1600 ml with an average of  $756.4\pm42.3$  ml. The proportion of right-sided hydrothorax was 1.008-1.027 with an average of  $1.015\pm0.004$ ; the proportion of left-sided hydrothorax was 1.003-1.012 with an average of  $1.007\pm0.002$ . The comparison of the index of liver size and ALP levels in patients with right-sided hydrothorax and patients with bilateral hydrothorax was not statistically significant ( $p<0.05$ ). The volume of hydrothorax was negatively correlated with the diameter of portal vein, blood flow velocity in portal vein and the level of serum albumin, while the proportion of hydrothorax was not correlated with the diameter of portal vein, blood flow velocity of portal vein and level of serum albumin.

## Discussion

Hepatic hydrothorax is usually secondary to chronic cirrhosis in the stage of decompensation, and its incidence reaches 10.5%<sup>8</sup>. It leads to por-

tal hypertension, the extensive fibrosis or cirrhosis in the pseudo-lobular and portal area causes obstruction from the portal vein and hepatic vein to inferior caval vein, the opening of communicating branch of vein and capillary network, and increase of liquid leaking from blood capillary to the thoracic cavity. Also with liver edema, swelling of liver capsular and an increase of liquid which is directly penetrating to the pleural cavity by passing diaphragm, hydrothorax is formed<sup>9</sup>. Second is hypoproteinemia, in cirrhosis stage of decompensation, total serum protein especially albumin level decreased to reduce plasma colloid osmotic pressure, also the interstitial space increased; therefore, hydrothorax increased<sup>10</sup>. The decrease of hepatic lymphatic return and the obstruction of venous return indirectly causes the increase of lymph circulation, which enters thoracic duct and increase its pressure. Because of intrathoracic negative pressure, lymph penetrates to pleural cavity, and the proportion was slightly higher than transudate<sup>11</sup>.

Liver ultrasonic examination has the advantages of non-invasive, repeating, convenient etc. It can clearly exhibit hepatic morphology, capsule, envelope, tissues, blood flow and others and reflect the disease progress. Therefore, it is usually the first choice for examinations of liver diseases in the clinic<sup>12</sup>. The collapse of hepatic lobule, the formation of diffuse fibrous septa and nodular hyperplasia of liver parenchyma in cirrhosis lead to tortuosity and decrease of the portal vein. The mechanical obstruction of portal vein flow and the increase of portal venous resistance<sup>13</sup>. As the liver fibrosis aggravates, the diameter of portal vein narrows gradually and the blood flow velocity reduces<sup>14</sup>. The slowdown of the blood flow velocity of portal vein reflects that portal venous resistance has been increased and liver dysfunction is more serious<sup>15</sup>.

We found that comparison of the index of liver size and ALP levels in these two groups was not statistically significant. In the observation

Table I Comparison of liver ultrasonic quantitative detection indexes and laboratory indexes.

	Index of liver size (cm)	Diameter of portal vein (cm)	Blood flow velocity of portal vein (cm/s)	ALP (U/L)	Serum albumin (g/L)
Control	21.5±1.3	1.6±0.3	19.7±3.8	75.4±6.6	57.8±5.6
Observation	21.8±1.4	0.8±0.2	12.6±3.2	76.9±5.3	35.4±4.2
t	0.527	4.512	4.127	1.027	5.106
p	0.614	0.038	0.041	0.934	0.034

group, the diameter of the portal vein, the blood flow in the portal vein and serum albumin levels decreased significantly in comparison to the control group. When comparing patients with bilateral hydrothorax and patients with right-sided hydrothorax in the observation group, the results were similar. The volume of hydrothorax was negatively correlated to the diameter of the portal vein, the blood flow velocity in portal vein and serum albumin levels, while the proportion of hydrothorax was not related to them.

### Conclusions

Among liver ultrasonic quantitative detection indexes of patients, the diameter of portal vein, the blood flow velocity in portal vein and serum albumin levels might be related to the volume and proportion of hepatic hydrothorax.

### Conflict of Interest

The Authors declare that they have no conflict of interests.

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