

Effect of miR-26a on diabetic rats with myocardial injury by targeting PTEN

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Abstract. – OBJECTIVE: To investigate the effect of micro ribonucleic acid (miR)-26a on diabetes-induced myocardial injury in rats by targeting the gene of phosphate and tension homology detected on chromosome ten (PTEN).

MATERIALS AND METHODS: Male Wistar rats aged 8-9 weeks old were divided into the control group (n=10), GK group (n=10), and miR-26a agomir group (n=10) according to the body weight. MiRanda and TargetScan target gene prediction software were used to predict and analyze the target gene of miR-26a-5p. The expression of miR-26a and PTEN in the myocardial tissues of the diabetic rats were detected by quantitative Reverse Transcription-Polymerase Chain Reaction (qRT-PCR). Hematoxylin-eosin (HE) staining was adopted to observe the pathological changes in the myocardial tissues. In addition, the terminal deoxynucleotidyl transferase (TdT) nick end labeling (TUNEL) assay was conducted to detect myocardial apoptosis, while the expression of PTEN protein was detected by immunohistochemistry, and the protein expression of PTEN, b-cell lymphoma 2 (Bcl-2)-associated X protein (Bax) and cysteine protease specific proteinase-3 were detected by Western blotting.

RESULTS: TargetScan database analysis results showed that miR-26a and PTEN 3'UTR had 6 pairs of complementary bases with the same sequence. Compared with those in the control group, the messenger RNA (mRNA) expression of PTEN in the GK group was notably increased ($p<0.05$), while that of miR-26a was substantially reduced ($p<0.05$). In comparison with those in the GK group, the mRNA expression of PTEN was significantly decreased, but the miR-26a was significantly raised in miR-26a agomir group ($p<0.05$). Through observation under an optical microscope, it was manifested that in the control group, the myocardial fibers were intact with clear texture but no fracture and the solid necrosis did not appear in myocardial cells. In the GK group, the myocardial fibers were disorderly arranged and in-

completely with clear edge and burrs. The myocardial fibers in the miR-26a agomir group were more regular, without breakage and solid necrosis. According to TUNEL staining results, the TUNEL-stained brown granules in rats in the control group were remarkably increased, relative to the control group ($p<0.05$). Compared with the control group, miR-26a agomir group had markedly decreased the TUNEL-stained brown particles ($p<0.05$). It was found in immunohistochemical results that PTEN protein was in lighter color after staining in the control group, with a clear myocardial cell stripe structure. Compared with that in the control group, PTEN protein in the GK group was deeper color after staining, and in comparison with that in the GK group, the color of PTEN protein in miR-26a agomir group became significantly lighter. Moreover, the Western blotting results demonstrated that, compared with those in the control group, the Caspase-3 and Bax protein expressions in the GK group were significantly raised, while Bcl-2 protein expression was notably reduced ($p<0.05$). Besides, in comparison with the GK group, miR-26a agomir group evidently elevated Caspase-3 and Bax protein expressions and a notably increased Bcl-2 protein expression ($p<0.05$).

CONCLUSIONS: We showed that miR-26a can protect against myocardial injury in diabetic rats by regulating PTEN.

Key Words:

MiR-26a, PTEN, Myocardial injury, Diabetes.

Introduction

Diabetes is a kind of chronic and metabolic disorder disease, typically characterized by significantly increased blood lipid and glucose, as well as abnormal glucose metabolism in the body^{1,2}. The disease is mainly caused by the destruction of islet cells and abnormal insulin secretion^{3,4}.

Statistics⁵⁻⁷ have revealed that the incidence rate of diabetes shows a year-by-year increasing trend, and that of the accompanying cardiovascular and cerebrovascular diseases is also on the rise year by year. Korkmaz-Icoz et al⁸ have shown that the incidence rate of myocardial infarction in diabetic patients is higher than those in patients with other diseases, and the clinical manifestations of myocardial infarction include severe heart failure, a larger myocardial infarction area, rapid development of the disease, refractoriness, and deadlines. According to some reports, the occurrence and development of diabetes are related to numerous signal pathways.

The gene of phosphate and tension homology deleted on chromosome ten (PTEN) is an anti-cancer-related gene closely associated with various cancers. It has been found in many investigations that the expression of PTEN in tissues from patients with cervical cancer, liver cancer, ovarian cancer, and colon cancer is significantly different from that in normal tissues. Moreover, some works⁹⁻¹¹ have indicated that PTEN is closely correlated with diabetes. PTEN may be a gene target for the treatment of diabetes. It can participate and function in the insulin-signaling pathway when it is damaged¹². In addition, PTEN can activate the PI3K/Akt pathway by suppressing the expression of TGF- β 1, thus causing renal fibrosis in diabetic rats¹³.

In spite of the association of PTEN gene with many diseases in the body, the myocardial injury in diabetic rats has been rarely reported. Currently, there is no literature on the interaction mechanism between PTEN and myocardial injury in diabetic rats. In this study, the effect of micro ribonucleic acid (miR-26a) on myocardial injury in diabetic rats by targeting PTEN was preliminarily investigated, thus providing a theoretical basis for the pathogenesis of diabetes and a certain experimental basis for the treatment of heart failure accompanied by diabetes.

Materials and Methods

Experimental Animals As Well As Main

Reagents and Instruments

A total of 30 SPF-grade male Wistar rats aged 8-9 weeks and weighing (200 \pm 20) g were selected. They were randomly divided into the control group (n=10) and model group (n=20) according to the body weight. The rats in the control group were fed with common feed, while those in

the model group were fed with high-glucose and high-fat feed. 30 d later, the blood was taken from the caudal vein. Fasting blood glucose \geq 16.7 mmol/L¹² indicated the successful modeling of diabetes. According to the body weight, the model group was randomly subdivided into the GK group (n=10) and miR-26a agomir group (n=10). MiR-26a agomir was injected into the peritoneal cavity in miR-26a agomir group, and the same volume of normal saline was injected into the myocardium in the control group and the GK group. 24 h later, the rats were sacrificed and the heart was taken out and divided into 2 equal parts, one part was stored in liquid nitrogen, the other part was fixed in paraformaldehyde solution.

The main reagents and instruments used were: miR-16a agomir (Guangzhou Ribio Co., Ltd., Guangzhou, China), PTEN (Sigma, St. Louis, MO, USA), eosin staining solution (Shenyang No.5 Reagent Factory, Shenyang, China), fluorescence quantitative Polymerase Chain Reaction (qPCR) reagents and consumables (TaKaRa, Otsu, Shiga, Japan), Western blotting primary antibody goat anti-rabbit immunoglobulin G (IgG; Abcam, Cambridge, MA, USA), secondary antibody rabbit anti-mouse horseradish peroxidase (HRP) and miR-26a detection kit (Tiangen Biotechnology, Beijing, China), TD-5A bench top low speed centrifuge (Jintan Changzhou Instrument Factory, Jintan, China), TGL-16G centrifuge (Shanghai Anting Scientific Instrument Factory, Shanghai, China), PT-3502B microplate reader (Thermo Fisher Scientific, Waltham, MA, USA), electrothermal constant-temperature dry box (Shanghai Yuejin Medical Devices Factory, Shanghai, China), electric boiling sterilizer (Shanghai Chemical Import and Export Co., Ltd., Shanghai, China), and HH-4 digital thermostatic water bath (Jintan Walter Experimental Instrument Co., Ltd., Jintan, China).

Prediction of Downstream Target Genes of MiR-26a

MiR-26a and PTEN were analyzed with TargetScan database. Based on the results, PTEN involved in the regulation of myocardial cell function was selected, as the research object through literature report and gene function analysis.

Fluorescence qPCR

The rat heart samples in liquid nitrogen were taken out, and the total RNA in the heart was extracted by TRIzol method (Invitrogen, Carlsbad, CA, USA), followed by Reverse Transcription (RT) according to the RT kit instructions. With

RT product complementary deoxyribose nucleic acid (cDNA) as a template, the target gene was amplified based on the instructions of the qRT-PCR kit. The reaction system for fluorescence qPCR: 10 μ L of qPCR Master Mix (2 \times), 1 μ L of PCR reverse primer, 2 μ L of cDNAs, 11 μ L of ddH₂O. The final result was calculated by the 2^{- $\Delta\Delta$ Ct} method. The primer sequences for qRT-PCR are listed in Table I.

Hematoxylin-Eosin (HE) Staining

The heart samples fixed for 24 h were taken out, washed with clear water, dehydrated with ethanol, embedded in paraffin, and sliced into sections. Subsequently, the sections were stained with hematoxylin at room temperature for 10 min, washed with clear water for 30 min, soaked in 1% hydrochloric acid for 30 s, and washed with clear water for 30 s. Then, they were stained with eosin at room temperature for 5 min, dehydrated with ethanol, and sealed with neutral glue in a ventilated environment. Finally, the changes in the myocardial tissues were observed under a microscope.

Detection of Apoptosis Via Terminal Deoxynucleotidyl Transferase dUTP Nick-End Labeling (TUNEL) Assay

The sections prepared in 1.2.3 were dehydrated with ethanol at gradient concentrations (70%, 80%, 90%, and 95%), treated with proteinase K for 15-30 min and rinsed by phosphate-Buffered Saline (PBS) twice. Then, the TUNEL staining solution was used for 10 min staining, followed by washing with PBS for 3 times with 5 min each. Then, the sections were added dropwise with 50 μ L of converter-POD for 1 min on a shaker at 37°C and washed by PBS for 3 times with 5 min each. Then, diaminobenzidine was added for 1 min of reaction at 25°C, followed by washing with PBS for 3 times and sealing with neutral glue in the ventilated environment. Ultimately, the apoptosis of myocardial cells was observed under the microscope. The programmed necrosis of myocardial

cells was examined by TUNEL assay, and the brown nucleus after staining represented the TUNEL-positive cells.

Immunohistochemistry

The sections made in 1.2.3 were dehydrated and washed with PBS for 3 times with 5 min each. Ultra V Block was added in drops for 10 min at room temperature for 5 min, followed by rinsing with PBS for 3 times with 5 min each. Thereafter, the sections were added dropwise with the corresponding PTEN antibody (diluted at 1:100) for incubation at 25°C for 1.5 h and washed with PBS for 3 times with 5 min each, and then added with the corresponding FITC-labeled antibody (diluted at 1:5000) at room temperature for 20 min, followed by rinsing with PBS for 3 times with 5 min each. Subsequently, the sections were added with dropwise of DAB for incubation at room temperature for 5 min and sealed with running water. Lastly, the expression of PTEN protein was observed under the microscope.

Western Blotting

The heart tissues of the rats were removed from liquid nitrogen, added with radioimmunoprecipitation (RIPA) lysate containing phenylmethanesulfonyl fluoride (PMSF) (Beyotime, Shanghai, China), and homogenized using a glass homogenizer for 4 min. Then, the homogenized liquid was taken out and centrifuged at 12000 rpm for 10 min. The supernatant was sucked out, mixed well with 5 \times protein loading buffer and boiled for 3 min. After SDS-PAGE, the sample proteins were transferred onto a polyvinylidene difluoride (PVDF) membrane (Millipore, Billerica, MA, USA), which was then put into 5% skim milk powder solution and sealed at room temperature for 1 h. After that, the PVDF membrane was added with the corresponding antibody (diluted at 1:1000), incubated overnight at 4°C, and washed with TBST for 3 times with 5 min each. Thereafter, the corresponding antibody containing HRP (diluted at 1:5000) was added for blocking at 37°C for 1 h, and the color was developed using the color-developing solution. At last, the Quantity One software was employed for the quantitative analysis.

Statistical Analysis

The Statistical Product and Service Solutions (SPSS) 18.0 software (SPSS Inc., Chicago, IL, USA) was adopted to analyze the experimental data. The intra-group comparison was expressed as mean \pm standard deviation ($\bar{x} \pm s$), while the in-

Table I. Primer sequences for qRT-PCR.

Gene	Sequence
miR-10a	5'CGTCCTCAAGTAATCCAGGA3' 3'GCAGGGTCCGAGGTATTC3'
PTEN	5'TGGAAAGGGACGAACCTGGTG3' 3'CATAGCGCCTCTGACTGGGA3'
β-actin	5'AGGTCGGTGTGAACGGATTG3' 3'TGTAGACCATGTAGTTGAGGTCA3'

Position 41-47 of PTEN 3' UTR	5' ...ACAACAUGAAAAUAAACUUGAAU...
hsa-miR-26a-5p	3' UCGGAUAGGACCUAAUGAACUU
Position 1261-1268 of PTEN 3' UTR	5' ...ACUGUUAGGGAUJUUAUCUUGAA...
hsa-miR-26a-5p	3' UCGGAUAGGACCUAAUGAACUU
Position 2619-2626 of PTEN 3' UTR	5' ...UUACAUGUCUGAAGUUAUCUUGAA...
hsa-miR-26a-5p	3' UCGGAUAGGACCUAAUGAACUU
Position 3800-3807 of PTEN 3' UTR	5' ...CUAAAGGACUUUUUGUACUUGAA...
hsa-miR-26a-5p	3' UCGGAUAGGACCUAAUGAACUU

Figure 1. Correlation between miR-26a and PTEN.

ter-group comparison was conducted by One-way analysis of variance. $p < 0.05$ suggested that the difference was statistically significant.

Results

Correlation Between MiR-26a and PTEN

The TargetScan database was utilized to seek the binding sites between miR-26a-5p and PTEN 3'UTR (Figure 1). There were 6 pairs of complementary bases with the same sequence in the 3'UTR and miR-26a-5p, indicating that miR-26a has a correlation with PTEN.

Messenger RNA (mRNA) Expressions of MiR-26a and PTEN in the Myocardium of Diabetic Rats

Compared with the control group, the GK group had notably increased the mRNA expression of PTEN ($p < 0.05$) and evidently decreased the miR-26a

expression of miR-26a ($p < 0.05$). In comparison with those in the control group, the mRNA expression of PTEN was significantly decreased ($p < 0.05$), but that of miR-26a was significantly raised in miR-26a agomir group ($p < 0.05$) (Figure 2).

Effect of MiR-26a Agomir on the Myocardial Cell Morphology in Diabetic Rats

HE-stained sections were observed under an optical microscope, and it was found that in the control group, the myocardial fibers were intact with clear texture but no fracture, and the solid necrosis did not appear in the myocardial cells (Figure 3A). In the GK group, the myocardial fibers were disorderly arranged and incomplete with an unclear edge and burrs (Figure 3B). The myocardial fibers in the miR-26a agomir group were in order, with less breakage and solid necrosis (Figure 3C).

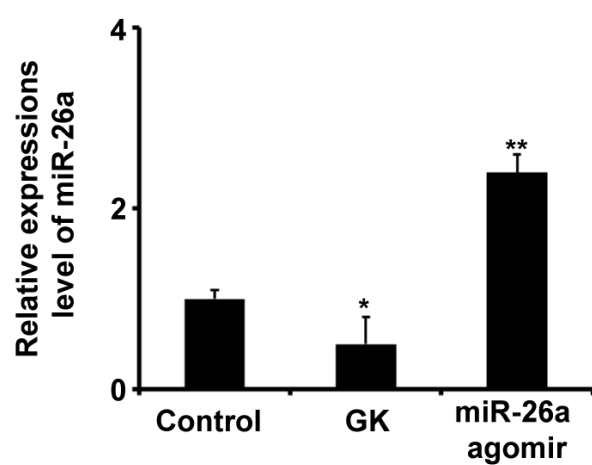
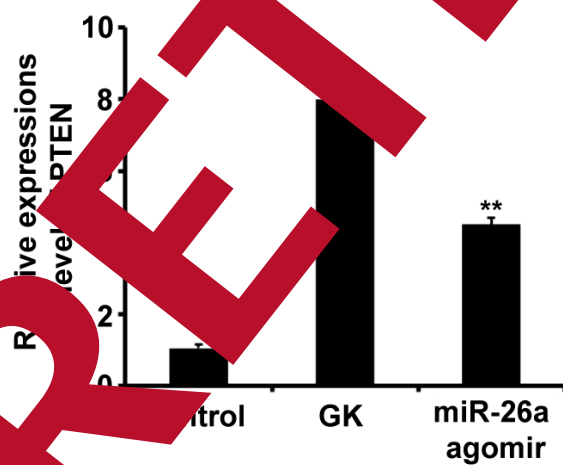


Figure 2. MiRNA expressions of PTEN and miR-26a in the myocardium of diabetic rats. Note: * $p < 0.05$ and ** $p < 0.01$ vs. control group.

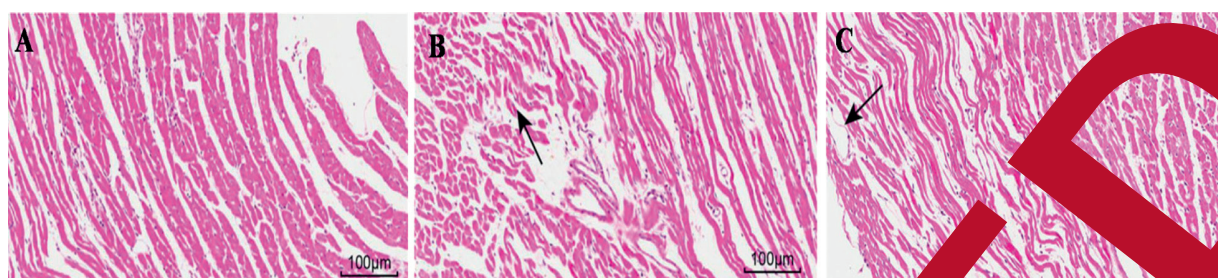


Figure 3. Morphological changes in the myocardial tissues of diabetic rats in each group (A) control group, (B) GK group, and (C) MiR-26a agomir group.

Apoptosis of Myocardial Cells in Diabetic Rats Detected via TUNEL

Through the observation of the TUNEL-stained sections, it was found that compared with those in control group (Figure 4A), TUNEL-stained brown granules in the rats in the GK group were remarkably increased ($p<0.05$) (Figure 4B). Compared with the GK group, miR-26a agomir group markedly decreased the TUNEL-stained brown particles ($p<0.05$) (Figure 4C).

Effect of MiR-26a Agomir on PTEN in the Myocardial Cells of Diabetic Rats

The optical microscope was used to observe the immunohistochemical sections. It was determined that PTEN protein was in lighter color staining in the control group, with a clear myocardial cell stripe structure (Figure 5A). Compared with that in the control group, PTEN protein in GK group was in deeper color after staining (Figure 5B), and the color of PTEN protein in miR-26a agomir group became significantly lighter relative to the GK group (Figure 5C).

Influence of MiR-26a Agomir on the Myocardial Cell Apoptosis in Diabetic Rats

As shown in Figure 6, compared with those in control group, B-cell lymphoma 2 (Bcl-2) protein was notably reduced, but the cysteinyl

aspartate specific proteinase-3 (Caspase-3) and Bcl-2-associated protein (Bax) in GK group were significantly increased ($p<0.05$), suggesting markedly reduced myocardial apoptosis. Besides, in comparison with GK group, miR-26a agomir group had evidently reduced the Caspase-3 and Bax proteins and notably increased Bcl-2 protein ($p<0.05$), indicating that the myocardial cell apoptosis is significantly relieved (Table II).

Discussion

Diabetes is a common chronic and metabolic disease, and it is divided into four types. Type 1 diabetes is manifested as the complete loss of the islet function, whose clinical treatment method is long-term insulin injection. Type 2 diabetes refers to the loss of part of the islet function. Type 3 diabetes is characterized by a temporary increase in blood glucose in women during the gestation period and self-healing without medication. Type 4 diabetes is generally caused by hormone drugs. Type 3 and type 4 diabetes are uncommon with relatively low incidence rates. Most patients in China suffer from type 2 diabetes, and type 1 diabetes mainly attacks teenagers. According to the data from the China Report on Diabetes¹⁴ in 2010-2018, the estimated number of diabetic patients nationwide is 280 million. It is thus

Table II. Optical density values of Bcl-2, Bax, and Caspase-3 protein bands in each group.

Protein	Optical density value	Control group	GK group	MiR-26a agomir group
PTEN	Target protein/ β -actin	0.90 \pm 0.15	1.97 \pm 0.27 ^a	1.38 \pm 0.21 ^{ab}
	Target protein/ β -actin	1.38 \pm 0.39	0.76 \pm 0.50 ^a	1.12 \pm 0.46 ^b
Bax	Target protein/ β -actin	0.42 \pm 0.17	0.97 \pm 0.37 ^a	0.76 \pm 0.22 ^{ab}
	Target protein/ β -actin	0.37 \pm 0.24	0.72 \pm 0.41 ^a	0.56 \pm 0.22 ^{ab}

Note: ^a $p<0.05$ vs. control group and ^b $p<0.01$ vs. GK group.

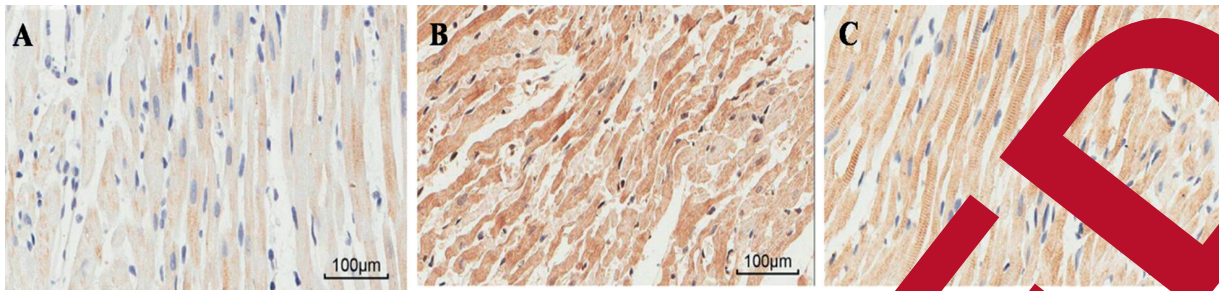


Figure 4. Myocardial tissue apoptosis of diabetic rats in each group observed via TUNEL staining (400×). Note: (A) Control group, (B) GK group, and (C) MiR-26a agomir group.

clear that there are a relatively large proportion of diabetic patients in China, and the prevention and treatment for diabetes are especially pivotal. As a metabolic disease, diabetes is characterized by an increased blood glucose content^{15,16}.

PTEN is an anti-cancer gene closely associated with many cancers. It has been considered as a tumor suppressor gene since its discovery in 1997¹⁶. PTEN can also regulate insulin signals in fat, bone, liver, and other tissues and participate in the occurrence and development of insulin-related diseases¹⁷. Recently, miRNAs have attracted increasingly more attention. MiRNAs can complement and pair with target mRNAs, cleave and degrade target RNAs, and suppress the function of mRNAs after transcription¹⁸. According to Li et al⁹, the inhibition of miR-26a can regulate the expression level of CTGF and reduce the generation of myocardial fibroblasts. miR-26a is able to activate the RAS/RAF/ERK pathway by targeting Spry1, leading to myocardial fibrosis of the diseased heart.

In this work, with the use of the miRBase database, miR-26a and PTEN 3'UTR were found

to have multiple binding sites with the same sequence, implying that miR-26a has a significant correlation with PTEN and miR-26a can function by targeting PTEN. QPCR was implemented to examine the expressions of miR-26a and PTEN in the myocardial tissues in each group. It was discovered that miR-26a expression had a positive association with PTEN mRNA expression in the myocardium of diabetic rats. In other words, PTEN mRNA expression was decreased with the increase of miR-26a expression, and vice versa. With type 2 diabetes as an example, after inhibiting the PTEN expression by injecting miR-26a agomir into the heart, PTEN protein expression in the rat myocardium was remarkably reduced ($p < 0.05$), and the injury degree was decreased. The expressions of the apoptosis-related proteins, caspase-3, and Bax, were evidently lowered, while the expression of the anti-apoptosis protein Bcl-2 was significantly raised ($p < 0.05$). The above findings indicate that miR-26a can target PTEN, reduce the diabetes-induced apoptosis of myocardial cells by inhibiting the PTEN expression, and alleviate myocardial cell injury. In

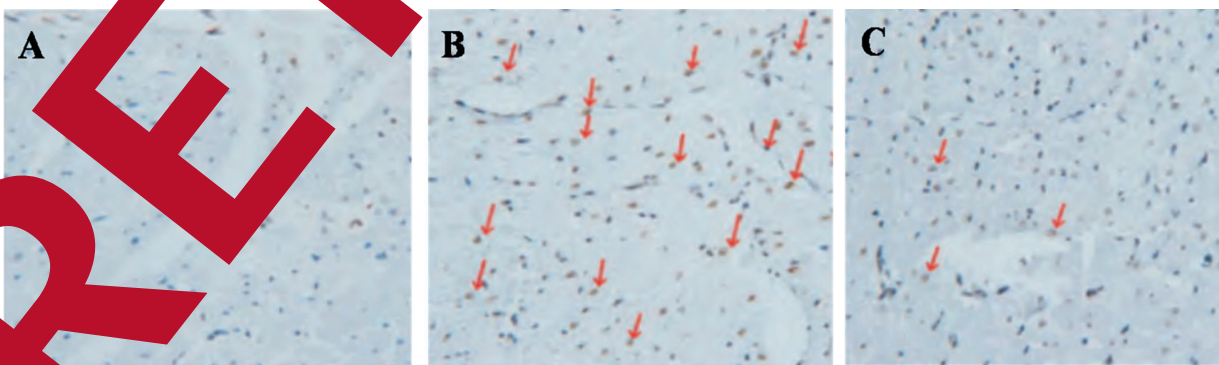


Figure 5. Expression of PTEN protein in the myocardial tissues of diabetic rats in each group (400×). Note: (A) Control group, (B) GK group and (C) MiR-26a agomir group.

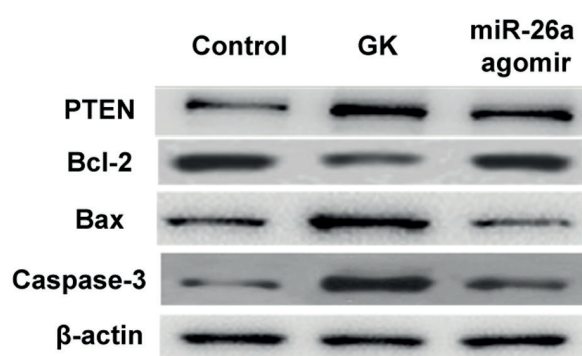


Figure 6. Protein expressions of Bcl-2, Bax, and Caspase-3 in the myocardial tissues detected by Western blotting.

In this work, only the correlation between miR-26a and PTEN and apoptosis-related indicators were detected, which revealed that miR-26a could target PTEN and protect against myocardial injury in diabetic rats. However, there are a large number of determinants of diabetes and many signaling pathways affecting the occurrence and development of diabetes, for these reasons, the signaling pathway related to PTEN protection was not identified in this report. This study laid a certain theoretical and experimental foundation for further research on the mechanism of miR-26a in protecting against myocardial injury in diabetic rats by targeting PTEN.

Conclusions

We demonstrated that miR-26a can protect against myocardial injury in diabetic rats by regulating PTEN.

Conflict of Interests

The Authors declare that they have no conflict of interests.

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