

Combinatory effect of mesenchymal stromal cells transplantation and quercetin after spinal cord injury in rat

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Abstract. – OBJECTIVE: To investigate the synergistic effects of quercetin (Qu) administration and transplantation of human umbilical cord mesenchymal stromal cells (HUMSCs) following spinal cord injury (SCI).

MATERIALS AND METHODS: HUMSCs were isolated, cultured and certificated via flow cytometry. Sixty Sprague-Dawley (SD) female rats were used and SCI models were made. All rats were divided into five experimental groups: culture medium treated group (n=28); HUMSCs + quercetin-treated group (n = 28); HUMSCs treated group (n=28); quercetin-treated group (n = 28); sham group (n = 20). Basso, Beattie, and Bresnahan (BBB) were used to assess neurological function recovery. Axons at the injury epicenter of the injury were checked by immunohistochemical analysis. Cystic cavity was measured and rat cytokine Luminex custom 8-plex kits (for interleukin (IL)-4, IL-1 β , IL-6, IL-10, interferon (IFN)- γ , tumor necrosis factor (TNF)- β 1) were checked.

RESULTS: The combination treatment with Qu and delayed transplantation of HUMSCs after rat SCI improved neurological functional recovery, increased axonal preservation, promoted macrophage polarization, decreased the size of the cystic cavity, reduced the proinflammatory cytokines, including IL-1 β and IL-6. Also, it increased anti-inflammatory cytokines, including IL-4, IL-10, and transforming growth factor (TGF)- β 1.

CONCLUSIONS: We showed that HUMSCs transplantation in combination with Qu was a potential strategy for reducing secondary damage and promoting functional recovery following SCI.

Key Words:

Spinal cord injury, Quercetin, Mesenchymal stromal cells, Inflammation, Regeneration.

Introduction

Spinal cord injury (SCI) can result in severe neurological damage, which requires hugely expensive, long-term care. Reported traumatic SCI annual incidence rates yielded values ranging from 12.1 to 57.8 cases per million¹⁻³. Experimental studies and clinical observations showed that SCI are greatly enlarged more often by secondary injury than by primary neuronal damage^{4,5}. Secondary injury is caused by a complex of pathological processes, including oxidative stress inflammatory processes, edema, ischemia, apoptosis and tissue necrosis⁶. To date, there is no effective treatment to promote functional recovery except for routine medical intervention and care. Thus, the development of improved treatment modalities would be of enormous clinical and economic benefit.

Transplantation of stem cells is one of the most promising strategies to promote neuroregeneration⁷. It can produce some cytokines or neurotrophic factors that facilitate the regeneration of the injured tissue, resulting in either replacement of the missing cells or rescue of the damaged cells in the injured spinal cord^{8,9}. Among various candidate cells, human umbilical cord mesenchymal stromal cells (HUMSCs) have shown notable potential.

Quercetin (Qu), a natural flavonoid found in high quantities in fruits and vegetables, has been reported to possess potential antioxidant and free radical scavenger^{10,11}. Neuroprotective effects have been demonstrated in established ischemia/reperfusion, intracerebral hemorrhage, and SCI

animal models¹²⁻¹⁴. Previous studies have shown that administration of Qu contributes significantly to the inhibition of inflammatory process and promote functional recovery in the early phase after acute traumatic SCI.

Since many different pathogenic processes are involved in SCI, it is unlikely that treatment with a single agent will result in maximum recovery. We used Qu to inhibit inflammatory microenvironment in the early injury stage, and observed the repair of SCI by combination with HUMSCs in rat models of spinal cord crush injury. We provide an experimental basis for new methods of treatment of clinical SCI.

Materials and Methods

Cell Culture and Identification

All parts of this research, especially the isolation of the human umbilical cord, were performed according to the Declaration of Helsinki. Ethical approval was obtained from the Zhujiang Hospital, Southern Medical University (Guangzhou, China), and written informed consent was obtained from donors of umbilical cord (UC). The isolation and culture of HUMSCs were carried out according to the methods previously described¹⁵. In brief, each human umbilical cord was collected from full-term Caesarian section births and processed within 3-6 hours. Umbilical arteries and veins were removed, and the remaining tissue was transferred to a sterile container in Dulbecco's modified essential media/nutrient mixture F-12 (DMEM/F12; HyClone, South Logan, UT, USA) and diced into small fragments. The explants were transferred to 50-mL culture flasks containing the DMEM/F12 along with 10% fetal bovine serum (FBS; PAA, Linz, Austria). They were left undisturbed for 4-6 days to allow migration of cells from the explants, at which point the media were replaced. Cultures were maintained at 37°C in an incubator containing 5% CO₂. They were re-fed and passaged as necessary.

To certificate the cultured cells, passage 3 cells (1×10^5) were suspended in 50 mL phosphate-buffered saline (PBS) containing 20 ng/mL fluorescein isothiocyanate (FITC)-coupled antibodies against CD29, CD44, CD90, CD73, or CD45 (Biolegend, San Diego, CA, USA) or, as an isotype control, FITC-coupled nonspecific IgG (Biolegend, San Diego, CA, USA). After incubation for 30 min at room temperature, the cells were washed with phosphate-buffered saline (PBS)

and resuspended in 300 mL phosphate-buffered saline (PBS) for analysis. Cell fluorescence was evaluated by flow cytometry in a FACSCalibur instrument (Becton Dickinson, Franklin Lakes, NJ, USA). Data acquisition from at least 10,000 events was performed using the Cell-Quest™ software (BD Biosciences, Franklin Lakes, NJ, USA) and the Summit MoFlo software (Dako Cytomation, Glostrup, Denmark).

PKH-26 Labeling of HUMSCs Before Transplantation

Cells were labeled with PKH-26 (Sigma-Aldrich, St. Louis, MO, USA) according to the manufacturer's instructions. Briefly, a total of 2×10^7 human Wharton's jelly cells (passage 2) were washed and suspended with serum-free Dulbecco's Modified Eagle Medium (DMEM). After centrifuging at 400 g for 5 min, supernatant was discarded. Cells were resuspended and completely dissolved in 1 mL solution C. Shake should be avoided. 2×10^6 M PKH-26 staining reagent (diluted in solution C) was prepared prior to labeling. Cells were mixed with PKH26 reagent immediately. The mixture was incubated at 25°C for 2-5 min, and was gently mixed by rocking the tube forward and backward during the incubation. The staining action was blocked by adding the same volume of serum for 1 min of incubation. Then, cells were centrifuged at 400 g for 10 min at 25°C. The supernatant was removed and cells were transferred into a new tube. After three times washing, 10 mL of complete culture medium were applied, and cells were centrifuged. Next, cells were adjusted to an appropriate density, and were observed under fluorescent microscope.

Spinal Cord Injury

Sixty Sprague-Dawley (SD) female rats (8-10 weeks old, weight 174-236 g) were used in the present work with the approval from the Animal Committee of General Military Hospital of Beijing. All animal experiments were performed in accordance with the Guidelines for Animal Experiments of National Institutes of Health (NIH) that were laid down in compliance with the international Regulations for Animal Welfare. All efforts were made to minimize the number of animals and their suffering throughout the experiments. Rats were anesthetized by intraperitoneal injection (0.3 mL) of a mixture of nembutal (pentobarbiturate sodium, Sigma-Aldrich, St. Louis, MO, USA) and atropine (1:1) (Sigma-Aldrich, St. Louis, MO, USA). The body temperature of

the rats was kept at 38°C throughout the surgical procedure. Laminectomy was performed at the vertebra Th9-10 vertebrate, and the exposed spinal cord was compressed with a microvascular clip (BS4 61-0196) for 30 s of spinal segment L1. Following removal the clip, the muscles and skin were sutured in layers. After surgery, 5-10 mL physiological medium were injected subcutaneously to prevent dehydration of the rat. The animals were placed in warm cages overnight. Food and water were given *ad libitum*. Manual bladder expression was performed twice a day until the recovery of the bladder reflex. Eltacin was given if signs of urinary infections were seen.

Treatments and Animal Groups

For the different treatments, the rats were divided into five experimental groups: (A) culture medium treated group (n=28); (B) HUSMCs + quercetin-treated group (n= 28); (C) HUMSCs treated group (n=28); (D) quercetin-treated group (n= 28); (E) Sham group (n= 20).

For quercetin (50 µmol/kg) or saline treatment, it was dissolved in 0.1% dimethyl sulfoxide (Sigma-Aldrich, St. Louis, MO, USA) and administered 1 h after SCI, and then every 12 h until day 3 post-injury.

A total of PKH-26 labeled 4×10^5 cells, divided into two dosages, were transplanted into the injured spinal cord after 3 days after SCI. The injections were made at 2 mm rostral and 4 mm caudal to the epicenter of the lesion at a depth of 1.2 mm. At each site, 2 mL of a cells suspension containing 2×10^5 cells or PBS were injected through a glass micropipette with a tip diameter < 60 µm at a rate of 0.4 mL/min.

Behavioral Assessments

Each animal was familiarized with the Basso, Beattie, and Bresnahan (BBB) open field apparatus and pre-trained on the horizontal ladder prior to surgery. Following the spinal cord compression, the animals were assessed in the BBB open field apparatus at day 1 post-injury and then weekly for 4 weeks¹⁶. The BBB score ranged from 0 to 21, where 0 reflects no movement of the hind limbs and 21 implies normal locomotion. If the score was < 8, the rat could only move its hind-limb joint without supporting its body weight. Scores from 9 to 13 represent the rat being able to support its body weight without coordination. A score from 14 to 21 means the rat can stabilize its trunk and coordinate the movement. In this work, the assessment of hind limb motor function

was strictly based on the objective criteria. Scoring was conducted by 2 independent observers blinded as to the treatment group using the digital recordings, which could be analyzed frame by frame when necessary. Averaged scores were used as the final score for each trial.

Immunohistochemistry

Rats were sacrificed 8 weeks after injury, and were deeply anesthetized by an intraperitoneal injection of Nembutal (100 mg/kg), and perfused intracardially with 50 ml PBS, followed by 200 mL of a fixative containing 2% paraformaldehyde (Sigma-Aldrich, St. Louis, MO, USA) in 0.1 M phosphate buffer, pH 7.4. Specimens were processed in a standard procedure for embedding in optimal cutting temperature (OCT) compound, and cut coronally or horizontally into 15-µm-thick frozen sections with a cryostat (CM1510S; Leica, München, Germany). Frozen sections were mounted on a coated glass slides.

According to previous reported protocols for immunohistochemistry¹⁵, the sections, after been washing three times with PBS and blocking with a 0.1% bovine serum albumin (BSA) solution containing 0.1% Tween 20 (Beyotime, Beijing, China) in PBS for 30 min, were incubated overnight with a solution containing primary antibodies as follows: rabbit anti-gial fibrillary acidic protein (GFAP) antibody (1:400; Sigma-Aldrich, St. Louis, MO, USA) for astrocytes, rabbit anti-β-tubulin III antibody (1:500; Chemicon, Temecula, CA, USA) for neurons, rabbit anti-GalC antibody (1:600; Chemicon, Temecula, CA, USA) for oligodendrocytes, rabbit anti-NF-200 antibody (1:100; Sigma-Aldrich, St. Louis, MO, USA) for axons, and mouse anti-serotonin antibody (5-HT) (1:1000, ImmunoStar, Hudson, WI, USA) for the detection of raphe spinal fibers, rabbit anti-Arginase-1 antibody (1:100; Abcam, Cambridge, MA, USA) for M2, and mouse anti-iNOS antibody for M1. Secondary antibodies were Alexa Fluor 488 goat anti-mouse IgG (1:200) and Alexa Fluor 594 goat anti-rabbit IgG (1:200; both Molecular Probes, Eugene, OR, USA). Nuclei were counterstained with 4',6-diamidino-2-phenylindole (DAPI) (Sigma-Aldrich, St. Louis, MO, USA). Cells were defined as any nonautofluorescent object expressing PKH-26, with typical cell morphology and clearly delineated cell borders.

Measurement of Cystic Cavity

To measure the area of the cystic cavity, every sixth section (120 µm apart) of the central por-

tion of the spinal cords was selected. At least four samples from each animal at 4 weeks post-injury were picked up, and thus the central 480 mm portion of the lesioned site was evaluated for cystic cavity. The sections were stained with cresyl-violet, dehydrated and sealed with Permount (Thermo Fisher Scientific, Waltham, MA, USA). We measured the area of the cystic cavity using Scion Image computer analysis software (Scion Corporation, Frederick, MD, USA). Any necrotic tissue within the cavities was counted as part of the lesion. The total spinal cord area of the sample was also measured. The total cavity volume (Vol_{cav}) and total spinal cord volume (Vol_{total}) were calculated using the Cavalieri method. The percentage cavitation ($\%Vol_{cav}$) was determined according to the following equation: $\%Vol_{cav} = Vol_{cav}/Vol_{total} \times 100\%$.

Cytokines

The levels of inflammatory cytokines were determined to examine the effects of HUMSC transplantation on the levels of cytokines at the region of the lesion, 10, 14 and 28 days after SCI (MSC $n = 5$ per time point, saline $n = 5$ per time point). A portion of the spinal cord at the site of the lesion was dissected and incubated in cell media DMEM (Sigma-Aldrich, St. Louis, MO, USA) supplemented with 10% FBS and 0.2% primocin. To estimate the levels of secretory cytokine levels, the media were collected at 24 h after incubation. Inflammatory cytokines were analyzed using a Customized Milliplex inflammatory cytokine kit (Millipore, Billerica, MA, USA) and Magpix instrumentation software. Rat cytokine Luminex custom 8-plex kits (for IL-4, IL-1 β , IL-6, IL-10, IFN- γ , TNF- β 1) were used for customized bead assays. The assays were done in 96-well filter bottom plates according to the protocol. Antibody conjugated beads were used at a concentration of 5000 beads per marker, following the manufactures' protocol. Biotinylated detection antibody was used with streptavidin-RPE (streptavidin-R-Phycoerythrin) to measure the levels of cytokines on the Luminex xMAP 200 systems and analyzed using Magpix instrumentation software. The raw data, consisting of mean fluorescence intensity (MFI), were used to calculate the concentration of each cytokine; a four- or five-parameter logistic fit curve was generated for each cytokine from the seven standards. The lower limit of quantification (LLOQ) was determined using the lowest standard that was at least three-times above background. The calculation of

the LLOQ was performed by subtracting the MFI of the background (diluent) from the MFI of the lowest standard concentration and back calculating the concentration from the standard curve.

Quantitative Analyses of Stained Tissue Sections

To quantitatively compare the immunofluorescence staining intensities, we first selected a longitudinal spinal cord section with the largest cavity size as a reference and then included the two adjacent sections (1 mm width) in the analysis (three sections per antibody staining). Three-square regions of interest (ROIs, 400 mm \times 400 mm) were placed on each section along the rostral, lateral, and caudal borders of the spared spinal cord tissue. Special care was taken to use consistent ROI locations in different tissue sections and animals. Images of the ROIs were taken using the same detector settings for all sections and animals. The images were adjusted using the predetermined threshold setting in the Image J software.

Statistical Analysis

All statistics were evaluated by multiple comparisons between groups. For histological studies, one-way analysis of variance (ANOVA) followed by Bonferroni/Dunn post-hoc test were used. For 10 weeks locomotor scale, repeated measures ANOVA followed by Fisher's protected least significant difference (PLSD) post-hoc test were used. For fractional BBB score at eight time points, one-way ANOVA followed by Bonferroni/Dunn test was used. Differences were accepted for statistical significance at $*p < 0.05$.

Results

Isolation and Characterization of HUMSCs

HUMSCs displayed a fibroblastic morphology after three days in culture. After three to four passages, cells developed an elongated or spindle-shaped morphology and became relatively homogeneous in appearance (Figure 1A). The loaded PKH26 dye was distributed homogeneously on cell surface. Clear cell outline with red fluorescence was observed under phase-contrast fluorescent microscope (Figure 1B). HUMSCs were characterized by the expression of MSC markers using flow cytometry (Figure 1C), including CD44 and CD90, but not the hematopoietic lineage markers CD34 and CD45.

HUMSCs + Qu Improved Neurological Function

The locomotor function (Figure 2) of hindlimbs in the sham group recovered to a score of 21 after one week after injury. In comparison, the BBB scores of the other groups, including control group, Qu group, HUMSCs and HUMSCs + Qu groups, were < 8 by the end of one week after injury. Throughout the observation period, there was no significant difference between HUMSCs-treated and saline-treated groups. Functional recovery took place and, starting from day 14 post-injury, HUMSCs + Qu-treated rats showed significantly greater improvement of neurological function compared with rats in the control- ($p < 0.01$), HUMSCs- ($p < 0.01$) and Qu ($p < 0.01$)-treated

groups. Both HUMSCs + Qu- and Qu-treated rats showed significant higher motor functional recovery than those in the control group from 21-28 days post-injury. In comparison, the HUMSCs + Qu-treated group showed better functional recovery than those in the Qu group ($p < 0.05$) from 14 days to the end of experiment.

HUMSCs + Qu Reduced the Size of the Cystic Cavity

To elucidate the efficacy of Qu treatment and HUMSCs transplantation for tissue protection or tissue sparing after SCI, we measured the area of the cystic cavity with cresyl violet staining 4 weeks after transplantation. The average area of the cystic cavity was significantly smaller in

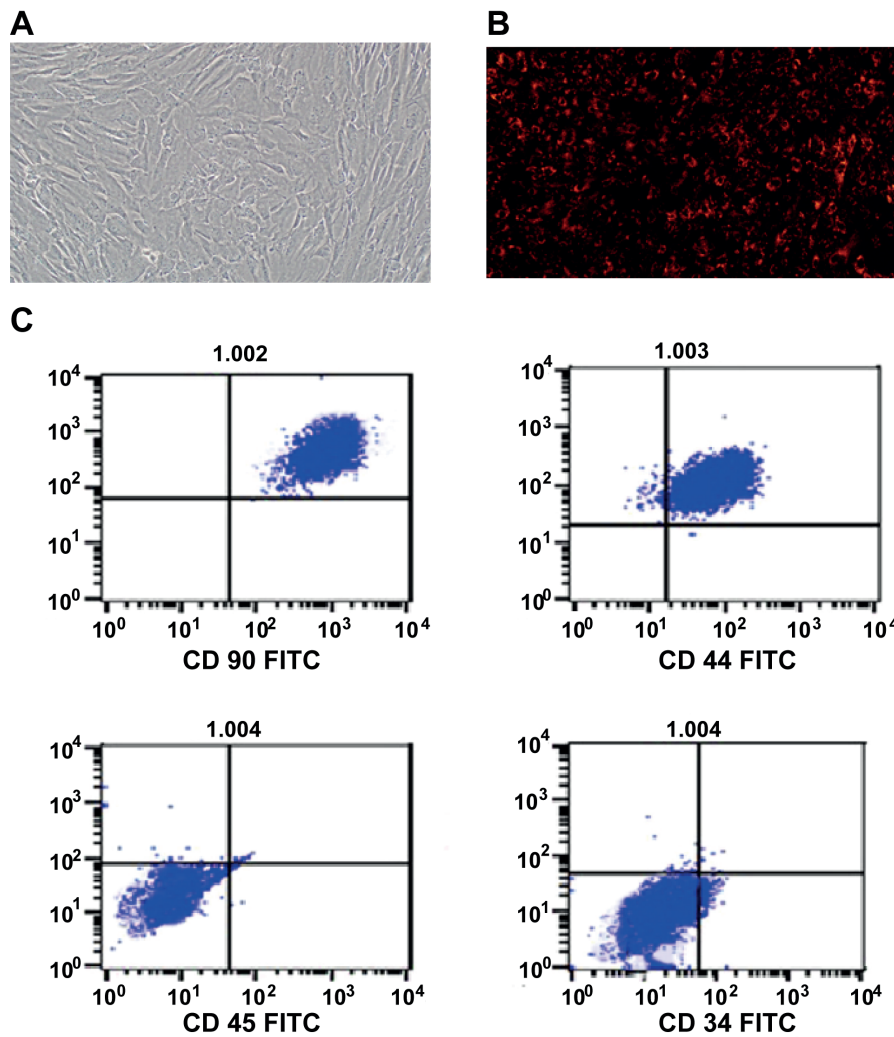


Figure 1. The morphology and identification of HUMSCs. The appearance of HUMSCs in primary *A*, and *B*, four passages. *C*, Immunophenotypic analysis of cultured HUMSCs.

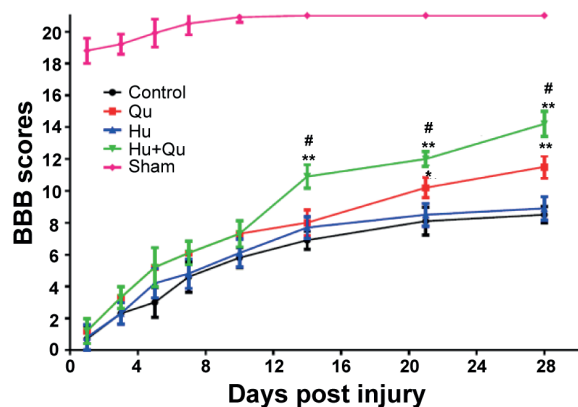


Figure 2. The open-field locomotion of rats in different treatment groups was analyzed by the Basso-Beattie-Bresnahan (BBB) locomotor rating scale. The animals in the sham group recovered to normal locomotor activity, scored as 21 by the end of the one week after injury. Functional recovery took place and, starting from day 14 post-injury, HUMSCs + Qu-treated rats showed significantly greater improvement of neurological function compared with rats in the control- ($p < 0.01$), HUMSCs- ($p < 0.01$) and Qu ($p < 0.01$)-treated groups. HUMSCs + Qu-treated group showed better functional recovery than other groups from 14 days to the end of experiment. By the end of the 4 weeks after injury, the final BBB scores in the control, HUMSCs- ($p < 0.01$) Qu, and HUMSCs+Qu groups were 7.87 ± 0.04 , 8.02 ± 0.05 , 10.76 ± 0.03 , and 13.24 ± 0.08 respectively. Data are presented as the mean \pm SEM; * $p < 0.05$, ** $p < 0.01$, HUMSCs or HUMSCs + Qu groups vs. control group, # $p < 0.05$, HUMSCs + Qu groups vs. HUMSCs group.

the HUMSCs + Qu group than other groups (vs. control group: $p < 0.01$; vs. Qu group: $p < 0.05$; vs. HUMSCs group: $p < 0.05$) (Figure 3). Both

the HUMSCs ($p < 0.05$) and Qu ($p < 0.05$) groups showed significantly decreased areas than control group.

Fate of Grafted HUMSCs

Histological examination revealed that the HUCMSCs survived for 4 weeks after transplantation. To evaluate the neural differentiation potential of the HUCMSCs in the spinal cord environment, the expression of neuronal and glial marker proteins was analyzed using immunohistochemistry. The results showed that, whether they were within or outside of the lesion zone, the HUCMSCs failed to express the early neuronal cell marker β -tubulin III or the glial proteins GFAP and GalC. Therefore, the HUCMSCs did not differentiate into neurons, astrocytes or oligodendrocytes after transplantation into the acutely injured spinal cord (Figure 4).

Axonal Immunoreactivity

To examine whether treatment with HUCMSCs + Qu affected the preservation of neurofilaments, we performed immunohistochemical analysis with an anti-neurofilament (NF-200) 4 weeks post-injury (Figure 5A). Compared to the control group, the HUCMSCs + Qu, HUMSCs and Qu-treated group exhibited greater preservation of NF-200⁺ axons at the injury epicenter of the injury. The maximum preservation of NF-200⁺ axons was observed in the HUCMSCs + Qu group. The descending serotonergic raphe spinal axons are critical for their recovery of hind-limb

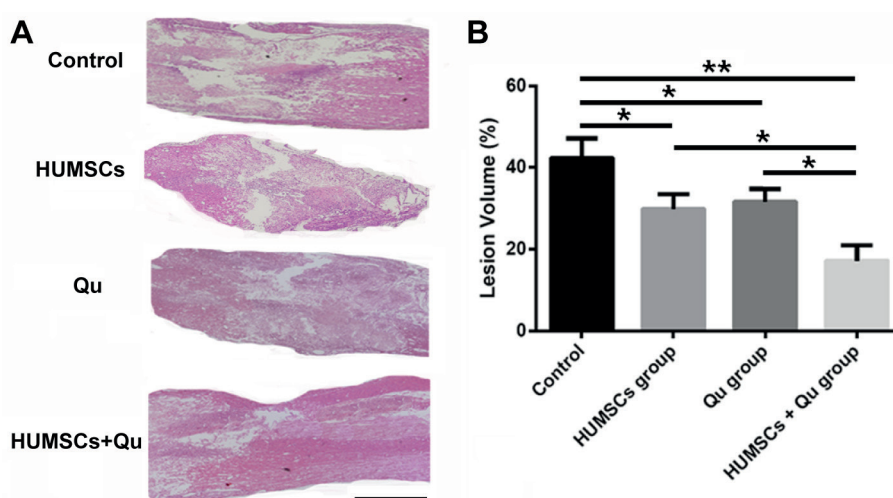


Figure 3. Measurement of cystic cavity. **A**, The sagittal section of the injury epicenter staining with cresyl violet staining at the 4 weeks after transplantation in the four groups; **B**, Quantification of the area of the cystic cavity in the four groups. Scales bar showed in **A**, A = 500 μ m. n=4, * $p < 0.05$, ** $p < 0.01$.

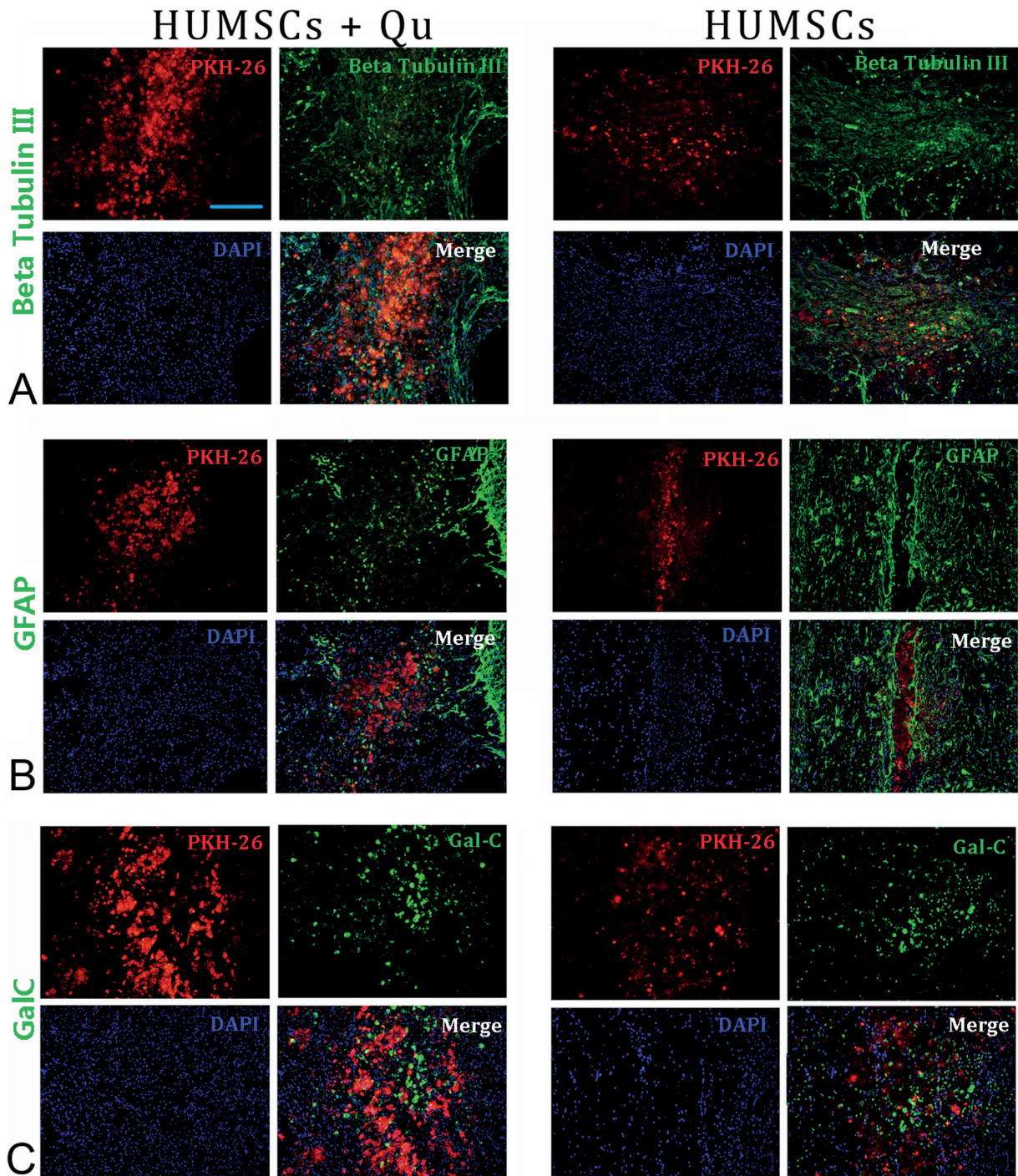


Figure 4. The fate of HUMSCs after transplantation into the injured rat spinal cord. The immunoreactive staining of given neural marker (*A*, β -tubulin III; *B*, GFAP; *C*, GalC) positive cell in HUMSCs and HUMSCs + Qu group after 28 days post transplantation. Scales bar showed in *A*, *A-D* = 100 μ m.

locomotor function in rat SCI. We, therefore, evaluated whether the staining of these axons was enhanced in the caudal of the lesion in the HUMSCs + Qu group. The serotonergic raphe spinal

axons were immunohistochemically analyzed by antibody that specifically reacts with 5-hydroxytryptamine (5-HT), which is synthesized within the brainstem. On the injury epicenter, the area

of 5-HT⁺ fibers was significantly greater in the HUMSCs + Qu group than in the other 3 groups (vs. control: $p < 0.05$; vs. HUMSCs group: $p < 0.05$; vs. Qu group: $p < 0.05$) (Figure 5B).

Cytokine Expression

To test whether the combination therapy with HUMSCs + Qu could modulate the inflammatory process by regulating the secretion of pro- and anti-inflammatory cytokines, we analyzed the spinal cord tissue (T11 spinal segment) levels of IL-4, IL-6, TGF- β 1, TNF- α , IFN- γ , IL-1 β , and IL-10 (Figure 6). Levels of the proinflammatory cytokines, including IL-6 and IL-1 β at 4 and 7 days after SCI were all significantly decreased in the HUMSCs + Qu-, Qu- or HUMSCs treated rats groups compared with the control group. In contrast, the production of the anti-inflammatory cytokines,

including IL-4, IL-10, and TGF- β 1 at 1, 4, 7 days after SCI in the HUMSCs + Qu-, Qu- or HUMSCs groups were markedly higher than those in the control group. The significant upregulation of the levels of IFN- γ in the HUMSCs + Qu-, Qu- or HUMSCs groups than control groups were only observed at 7 days post-injury. When compared among treated groups, the levels of proinflammatory cytokines were significantly attenuated (IL-1 β and IL-6) and the levels of anti-inflammatory cytokines (IL-4, IL-10, and TGF- β 1) in the HUMSCs+Qu group were significantly higher than those in the Qu groups at 1, 4, and 7 days post-injury.

Macrophage Polarization

To determine whether HUMSCs + Qu affect macrophage polarization, we quantified the populations of M1 and M2 phenotypes. iNOS (M1

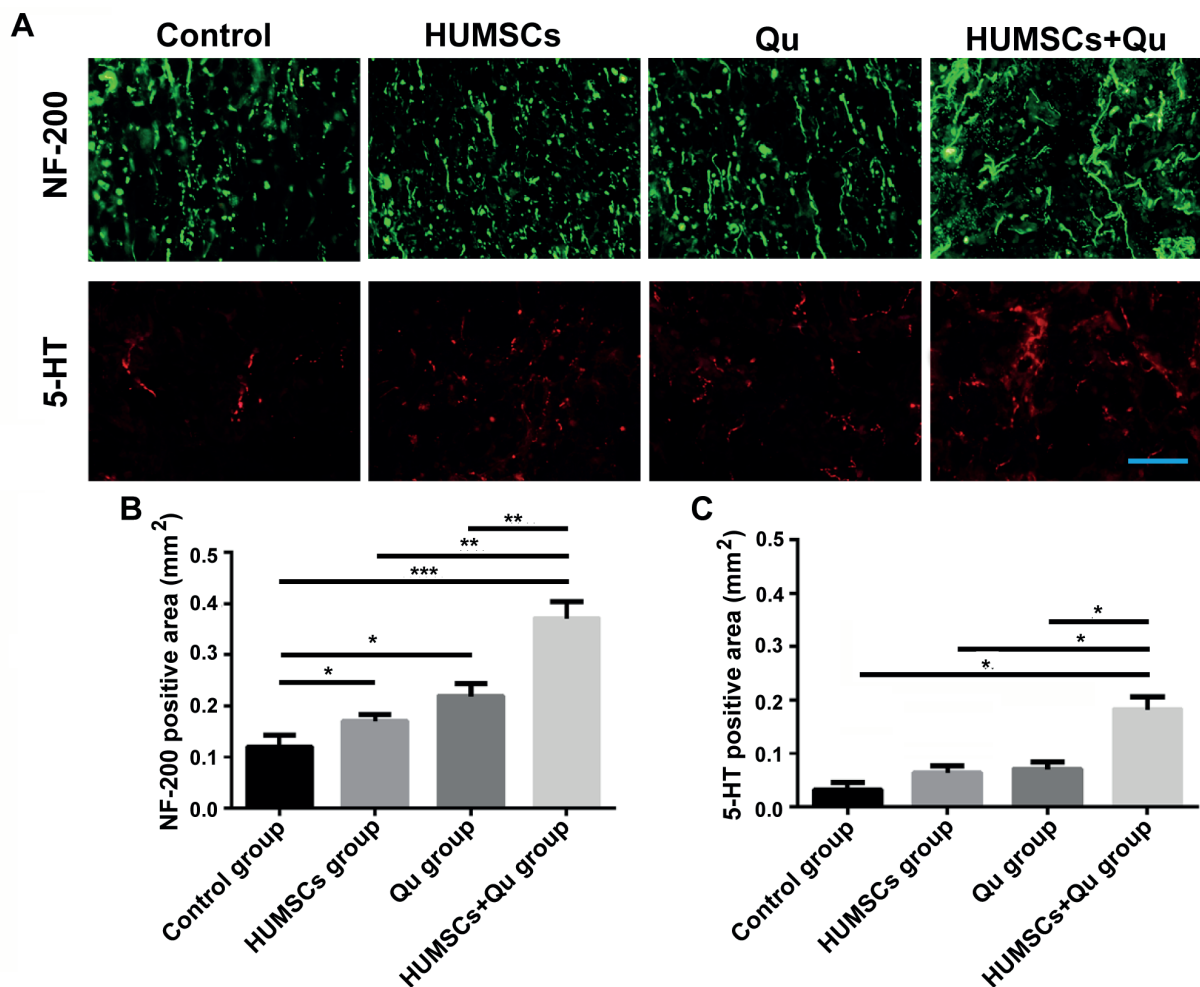


Figure 5. *A*, Axonal regeneration after HUMSCs + Qu treatment. NF-200 and 5-HT immunoreactive staining in the four experimental groups. *B-C*, Qu quantitative analysis of the NF-200 *B*, and 5-HT *C*, positive areas. Scales bar showed in *A*, A = 100 μ m. $n=6$, * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$.

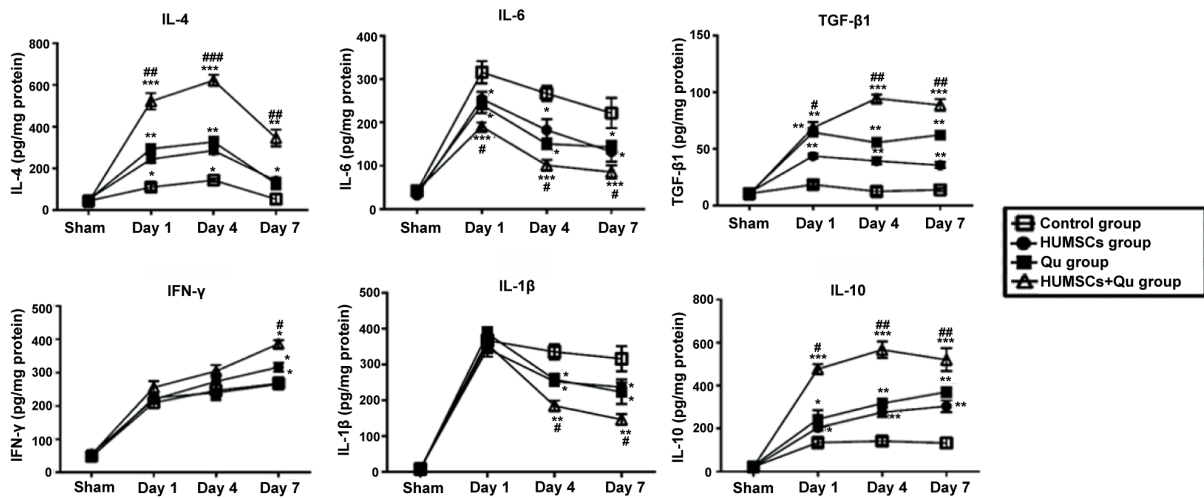


Figure 6. Anti-inflammatory effects of HUMSCs + Qu group. The levels of IL-4, IL-6, TGF-β1, IFN-γ, IL-1β and IL-10 were analyzed. n = 6, * $p < 0.05$, ** $p < 0.01$ and *** $p < 0.001$ compared with the control group at the same day; # $p < 0.05$, ## $p < 0.01$ and ### $p < 0.001$ compared between HUMSCs + Qu groups and Qu group.

phenotype) and Arginase (M2 phenotype) immunostaining in coronal sections at 3 and 7 days post-injury identified relatively high numbers of positive cells gathered in the injury epicenter, and extending proximally and distally from the injury epicenter in control group. The iNOS-immunopositive products were located mainly in the membrane of the stained cells (Figure 7A). Quantification analysis showed that the HUMSCs + Qu-, Qu- or HUMSCs groups showed decreased numbers of iNOS-expressing macrophages when compared with the control group. These differences were significant from days 7 and 14 post-injury (Figure 7B). The arginase-immunopositive products were located mainly in the cytoplasm of the stained cells (Figure 7C). Quantification analysis showed that the HUMSCs + Qu-, Qu- or HUMSCs groups showed increased numbers of Arginase-expressing macrophages when compared with the control group. These differences were significant from days 7 and 14 post-injury (Figure 7D). In comparison, HUMSCs + Qu showed decreased numbers of iNOS and increased numbers of Arginase-immunoreactivity than HUMSCs or Qu group from days 7 and 14 post-injury.

Discussion

We demonstrate that the combined therapeutic treatment of Qu infusion with HUCMSCs transplantation has greater therapeutic effects than the use of Qu or HUCMSCs alone following SCI.

First, as measured by BBB scores, the rats in the combinatory treatment group showed better functional recovery compared to the other groups. It was found that significant functional recovery began 2 weeks post-injury and increased gradually. Secondly, morphological analysis using HE staining showed that the lesion cavities of the combinatory treatment group were smaller than those of the control, Qu, or HUCMSCs rats. Finally, immunohistochemical analysis showed increased axonal preservation in the HUMSCs + Qu group when compared with other groups. In addition, HUMSCs + Qu modified the inflammatory environment by decreased preinflammatory cytokines and shifting the macrophage phenotype from M1 to M2 in the injury site. HUMSCs grafted alone into SCI models demonstrated variable degrees of functional improvement in different established animal models. Some researchers^{17,18} showed that direct injection of HUMSCs into injury site promotes functional recovery at 3-8 weeks after graft in established contusive injury model. Allogeneic rat HUMSCs transplantation improves motor function in hemisectioned spinal cords in rats¹⁹. Interestingly, our assessments of behavior and histology following HUMSCs transplant-alone did not detect significantly different locomotor recovery compared with the control group. The reason for the poor response was the site of the transplantation. We injected HUMSCs into rostral and caudal sites to facilitate migration of HUMSCs and remyelination of regenerative fibers. However, histological examination found that resid-

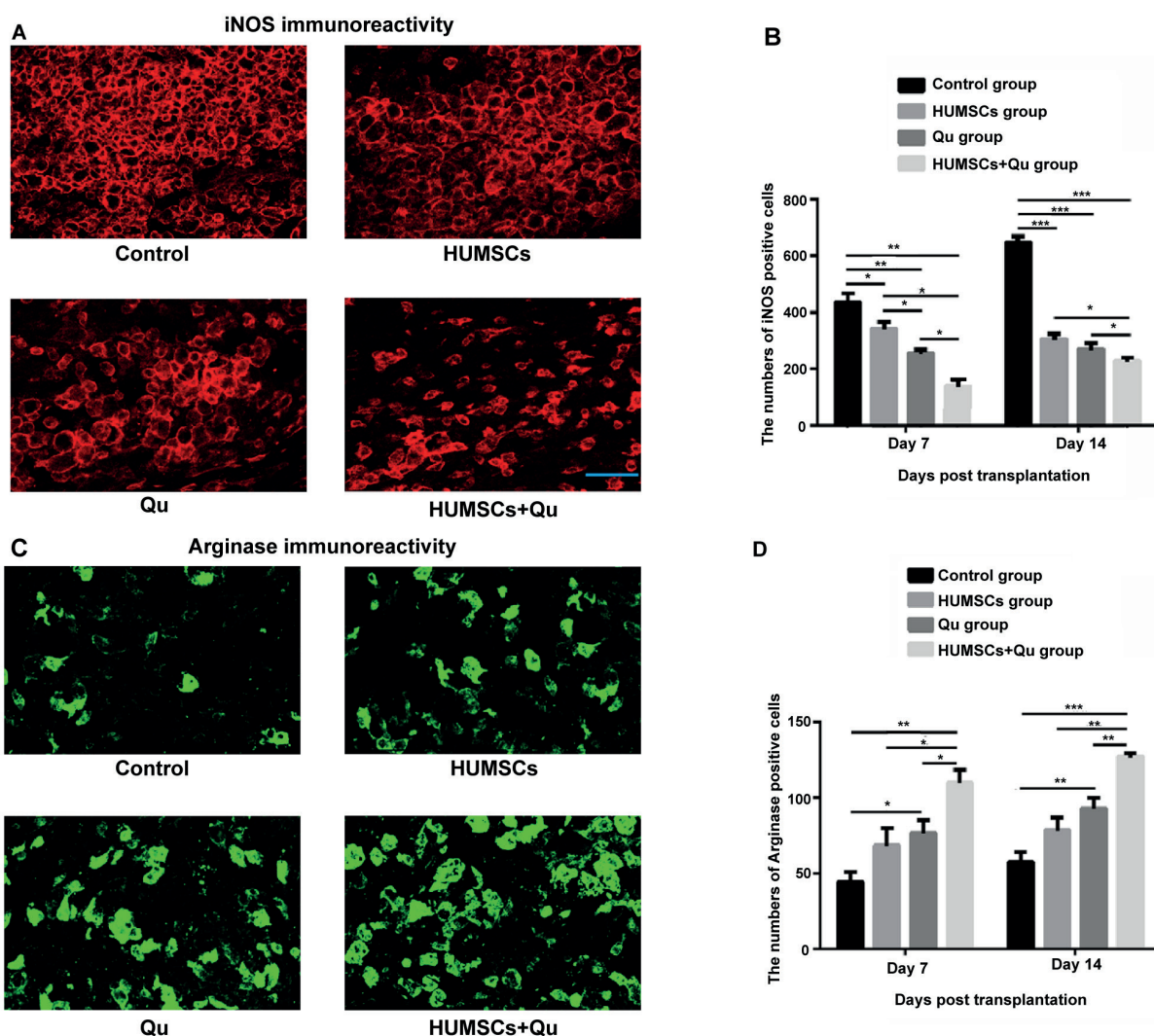


Figure 7. The effect of HUMSCs + Qu on macrophage polarization after SCI. iNOS **A**, (M1 phenotype) and Arginase **C**, (M2 phenotype) immunostaining showed relatively high numbers of positive cells gathered in the injury epicenter. Quantification analysis the numbers of iNOS **B**, and Arginase **D**, expressing macrophages. Scales bar showed in **A**, A = 100 μ m, n=4, * p <0.05, ** p <0.01, *** p <0.001.

ual HUMSCs were scarce and that they did not migrate as we had expected they would. Thus, transplanting HUMSCs directly into the site of injury might yield better outcomes. As shown by our double immunofluorescence analysis, we found no evidence that HUCMSCs differentiated into neuronal or glial cells after transplantation into the injured rat spinal cord. Although some previous studies showed that HUMSCs could transform into neural-like cells *in vivo* (expressing the surface marker of neuron and glial), very few cells survived following transplantation. In view of the rapidity of recovery, cell replacement unlikely to explain the improvement in functional

outcome. Furthermore-they most likely do not involve trans differentiation with cell replacement. To make the transplantation of HUCMSCs more effective, we combined HUCMSCs transplantation with infusion of Qu. There is a pronounced inflammatory response after SCI, accompanied with activation of resident microglia, leukocyte influx into the brain, and production of inflammatory mediators²⁰. The anti-inflammatory and immunosuppressive effects of Qu after SCI have been demonstrated widely in the experimental studies. In some cases with cerebral ischemia, HUMSCs were transplanted to reduce the local inflammation. However, we found that HUMSCs

combined with Qu achieved more significant effects not only inhibiting the preinflammatory cytokines and but also promoting the macrophage polarization towards M2. These results were consistent with a significant improvement in locomotor activity. Thus, the extent of functional recovery was partially correlated with the inhibition of inflammation responses. Another benefit of the use of Qu with HUCMSCs for the treatment of SCI may be to reduce the axonal degeneration and improve the tissue protection. We found that, compared to the other groups, the combinatorial treatment of Qu with HUCMSCs increased the area 5-HT⁺ fibers on the caudal side of the lesion, enhanced the preservation of neuronal fibers in the center of the lesion and significantly reduced mean cystic cavity size. These histological results were consistent with a significant improvement in locomotor activity. Furthermore, the present investigation demonstrated that the distribution and migration pattern of HUCMSCs were not altered between groups, suggesting that the Qu concentrations we used were not toxic to the HUCMSCs. The difference in functional outcome was not the result of a difference in cell survival or cell distribution. Treatment with HUCMSCs and Qu reduced the number of M1 cells (iNOS-positive) and clearly improved the neuroprotection and functional recovery in the first week after SCI. Thus, the anti-inflammatory effects of HUCMSCs and Qu may be of value in the treatment of SCI.

Conclusions

Combined therapy showed better locomotor recovery compared with controls, and histological studies of cavity volume as well as macrophage polarization, anti-inflammatory responses and serotonergic fiber counts confirmed the locomotor results. Future studies are required to identify the effect of combined Qu infusion and HUCMSCs transplantation to clarify any potential clinical application to damaged spinal cords in humans.

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Conflict of Interest

The Authors declare that they have no conflict of interest.

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