

# FGF23 promotes renal interstitial fibrosis by activating $\beta$ -catenin

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**Abstract. – OBJECTIVE:** To investigate the role and mechanism of fibroblast growth factor 23 (FGF23) in renal interstitial fibrosis.

**MATERIALS AND METHODS:** Rat renal tubular epithelial cell line (NRK-52E) was selected for *in vitro* experiments. Effect of FGF23 on extracellular matrix was observed. High expression of FGF23 was induced by injecting the plasmid into the caudal vein. The model of unilateral ureteral obstruction (UUO) was established for *in vivo* experiments.

**RESULTS:** FGF23 increased the expression of extracellular matrix proteins FN,  $\alpha$ -SMA and Type 1 collagen of NRK-52E induced by TGF- $\beta$ 1, while FGF23 increased the expression of  $\beta$ -catenin 675. In UUO model mice, fibrosis in the FGF23 high expression group increased significantly compared to that of the control group. Meanwhile,  $\beta$ -catenin signal was activated.

**CONCLUSIONS:** FGF23 can promote deposition of extracellular matrix in NRK-52E induced by TGF $\beta$ 1 *in vitro*. It aggravates the degree of renal interstitial fibrosis in UUO model, which is related to the activation of  $\beta$ -catenin signaling pathway.

*Key Words:*

FGF23, NRK-52E, renal interstitial fibrosis,  $\beta$ -catenin.

## Abbreviations

ADHR = autosomal dominant hypophosphatemic rickets; BUN = blood urea nitrogen; CKD = chronic kidney disease; FGF23 = fibroblast growth factor 23; HS = heparan sulfate; NaPiIIa = sodium-phosphorus cotransporter IIa; PBS = phosphate buffered saline; UUO = unilateral ureteral obstruction.

## Introduction

Chronic kidney disease (CKD) is a worldwide public health problem and its incidence is increasing year by year<sup>1,2</sup>. The prevalence of CKD in China is about 10.8%<sup>3</sup>. Chronic kidney disease

is a great burden on society and families. As a consequence, a better understanding of the pathophysiology of chronic kidney disease is crucial for the prevention and treatment of the disease.

Renal interstitial fibrosis is the end result of almost all chronic kidney disease development and is the leading cause of end-stage renal disease<sup>4,5</sup>. Studies have shown that tubulointerstitial lesions are more important than glomerular lesions in the progression of renal disease. Tubulointerstitial fibrosis is characterized by extracellular matrix deposition (ECM). Many cytokines and pathologies have been found to induce the production of ECM<sup>7,8</sup>, such as Ang II, PDGF, TNF $\alpha$ , FGF23, and others. Among them, fibroblast growth factor 23 is mainly secreted by osteoblasts<sup>9</sup>. FGF23 is the earliest found to be the main pathogenic gene of autosomal dominant hypophosphatemic rickets (ADHR). Due to the decreased binding capacity with heparan sulfate (HS), FGF23 plays a role mainly through the complex of cell surface fibroblast growth factor receptors (FGFRs) and  $\alpha$ -Klotho<sup>10</sup>. Physiologically, FGF23 plays a role in maintaining the balance of blood phosphorus and regulating vitamin D metabolism. FGF23 acts on the tubular epithelial cells to displace sodium-phosphorus cotransporter IIa (NaPiIIa), which is located on the brush border of proximal tubule epithelial cells, taking to its degradation. It subsequently decreases NaPiIIa protein and increases urinary phosphate excretion. To accelerate its degradation, FGF23 also induces 1,25-(OH) 2-hydroxyvitamin D3 by reducing the expression of renal  $\alpha$ -hydroxylase mRNA and increasing the activity of 25-hydroxyvitamin D3-24 hydroxylase 2-VitD3 destruction. 1,25-(OH) 2-VitD3 reduction can stimulate parathyroid hormone secretion<sup>11,12</sup>.

In recent years, the role of FGF23 in CKD has received widespread attention. In patients with CKD, plasma FGF23 level begins to rise early in the disease. As the disease is progressed, FGF23

level increases sharply. After dialysis, FGF23 may increase to 100-1000 times than that of normal individuals<sup>13,14</sup>. Several clinical studies<sup>15-20</sup> have shown that elevated level of FGF23 is closely related to the occurrence of cardiovascular events in CKD patients. Recent studies showed that FGF23 can participate to the development of CKD by affecting the chemotaxis and migration of neutrophils<sup>21</sup>. However, the pathophysiological significance and mechanism of FGF23 in chronic kidney disease remains unclear. In this experiment, we focus on the involved function of FGF23 in the occurrence of renal interstitial fibrosis and its specific effect. Finally, the possible signaling pathways is further studied.

## Materials and Methods

### Cell Culture

NRK-52E cells, purchased from Chinese Academy of Sciences Library (Shanghai, China), were cultured in Dulbecco's modified eagle Medium (DMEM) with 10% fetal bovine serum (FBS) in a CO<sub>2</sub> incubator at 37°C with 5% CO<sub>2</sub>, 95% air and passaged or plated at 6-well or 12-well plates. Then, they were treated according to the experimental purpose.

### Animal Model

16-18 g male CD-1 mice were chosen for FGF23 high expression mouse model. The over-expression mouse model was established through the tail vein injection of FGF23 pcDNA3.1(+) was injected into several littermate mice as comparison 1 day before the surgery, 1 mg/kg FGF23 plasmid length expression plasmid was dissolved in 2 ml normal saline and injected rapidly from the tail vein of the rat for 10 s. The control group was injected with the same concentration of pcDNA3.1+ and the same volume of saline. In the past, it was found that the injection was began to express after 16 h, and a single injection and certain expression were detected after 1 days. Therefore, in this experiment, plasmids were injected every 7 days to maintain the concentration of serum FGF23. This study was approved by the Animal Ethics Committee of Chongqing Medical University Animal Experiment Center.

### Western Blotting

To grind tissue by lysate on ice or to collect cells with cell scraping, cells were centrifuged at

16,000 g for 30 min; then, the supernatant was collected. BCA protein detection kit was used for protein concentration and, then, 4 × SDS sample buffer and deionized water were used to dilute samples to the same concentration. Total cell sample was 10-20 μg/well. After conventional electrophoresis, primary antibodies were incubated at 4°C for 16 h, including FN (F36, Sigma-Aldrich, St. Louis, MO, USA),  $\alpha$ -SMA (ab38464, Abcam, Cambridge, MA, USA), tubulin (G5262, Sigma-Aldrich, St. Louis, MO, USA), GAPDH (G5262, Sigma-Aldrich, St. Louis, MO, USA), Collagen I (ab34710, Abcam, Cambridge, MA, USA), and PAI-1 (ab27798, Abcam, Cambridge, MA, USA). After washing 3 times, cells were incubated with secondary antibody at room temperature for 2 hours. Bands were developed and exposed by enhanced chemiluminescence (ECL) (Shanghai Bi Yuntian Biotechnology Co., Ltd., Shanghai, China), with tubulin as the loading control. The relative expression of each protein was calculated by the ratio of IOD to control IOD in each band.

### Quantitative Real-time PCR (qRT-PCR)

The cDNA strand synthesis in a 20 μL system was prepared, including 1 μg of total RNA, 10 × RT Buffer, 2 μL of RNA Mix Enzyme, 1 μL of OligdT and RNase-free deionized water. Next, the mixture was incubated at 42°C for 45 min and then at 85°C for 5 min as the reverse transcriptase inactivation. The cDNA obtained by the reaction was diluted 10 times and stored at -20°C. The method used for Real-time PCR amplification was SYBR Green (Invitrogen, Carlsbad, CA, USA). Quantitative PCR reaction system (20 μL) contained 10 μL of SYBR Green qPCR Mix (Hoffmann-La Roche, Basel, Switzerland), 1 μL of upstream and downstream primers, respectively, 1 μL of diluted cDNA and 7 μL of RNAase-free water. Reaction steps included pre-denaturation at 95°C for 5 min, denaturation at 95°C for 15 s, annealing at 60°C for 40 s and extension at 70°C for 30 s. The above reactions were repeated for 40 cycles. The expression of the target gene was calculated by relative quantification.

### Immunofluorescent Staining

Fresh tissue was fixed in methanol-acetone solution (1:1) for 10 min at -20°C and, then, washed twice with phosphate buffered saline (PBS) solution containing 0.1% bovine serum albumin (BSA) at room temperature for 15 min.

Tissues were treated with 0.5% Triton X-100 (Dow Chemical Co., Midland, MI, USA) for 10 min and washed twice with phosphate buffered saline (PBS) containing 0.1% BSA for 15 min each. Frozen sections of mouse tissue were incubated for 1 h at room temperature. Then, tissues were incubated with PBS containing 0.1% Triton X-100 and PBS containing 2% BSA; then, they were blocked for 45 min at room temperature. The primary antibody was diluted with 2% BSA in PBS and incubated overnight at 4°C. Tissues were washed three times with the PBS solution at room temperature for 15 min. The secondary antibodies (1:50-1:100) were used to incubate at room temperature for 1 h. Next, tissues were washed with PBS containing 0.1% BSA three times at room temperature for 20 min. Then, nuclei were counterstained and fixed. Finally, fluorescence images were taken with Nikon Eclipse E600 fluorescence microscope (Nikon, Tokyo, Japan).

#### Statistical Analysis

Statistical analysis was performed by SPSS 22.0 statistical software (Version X; IBM, Armonk, NY, USA). All measurement data were expressed as mean  $\pm$  SEM (Mean  $\pm$  SEM). One-way ANOVA (LSD or SNK) was used for comparison among multiple experimental groups. Student's *t*-test was used for comparing experimental data between the two groups.  $p < 0.05$  was considered to be statistically significant.

### RESULTS

#### FGF23 Overexpression Promotes TGF $\beta$ 1-induced Extracellular Matrix Production in NRK-52E Cells

Tubular epithelial cells are the key components of inner cells in kidney. During the process of renal injury, tubular epithelial cells induce the expression of fibrotic molecules such as TGF $\beta$ 1, endothelin and loss of regeneration by increasing the synthesis of reactive oxygen species and inflammatory cytokines, which is involved in the occurrence of renal interstitial fibrosis<sup>22,23</sup>. To explore the effect of FGF23 on tubular epithelial cells, we first overexpressed FGF23 by transient transfection of full-length FGF23 plasmid and TGF $\beta$ 1-induced tubular damage using TGF $\beta$ 1 (2 ng/ml). According to the different treatments, it was divided into: pcDNA3.1 (+) group, pFGF23 group, pcDNA3.1 (+) + TGF $\beta$ 1 group, and pF-

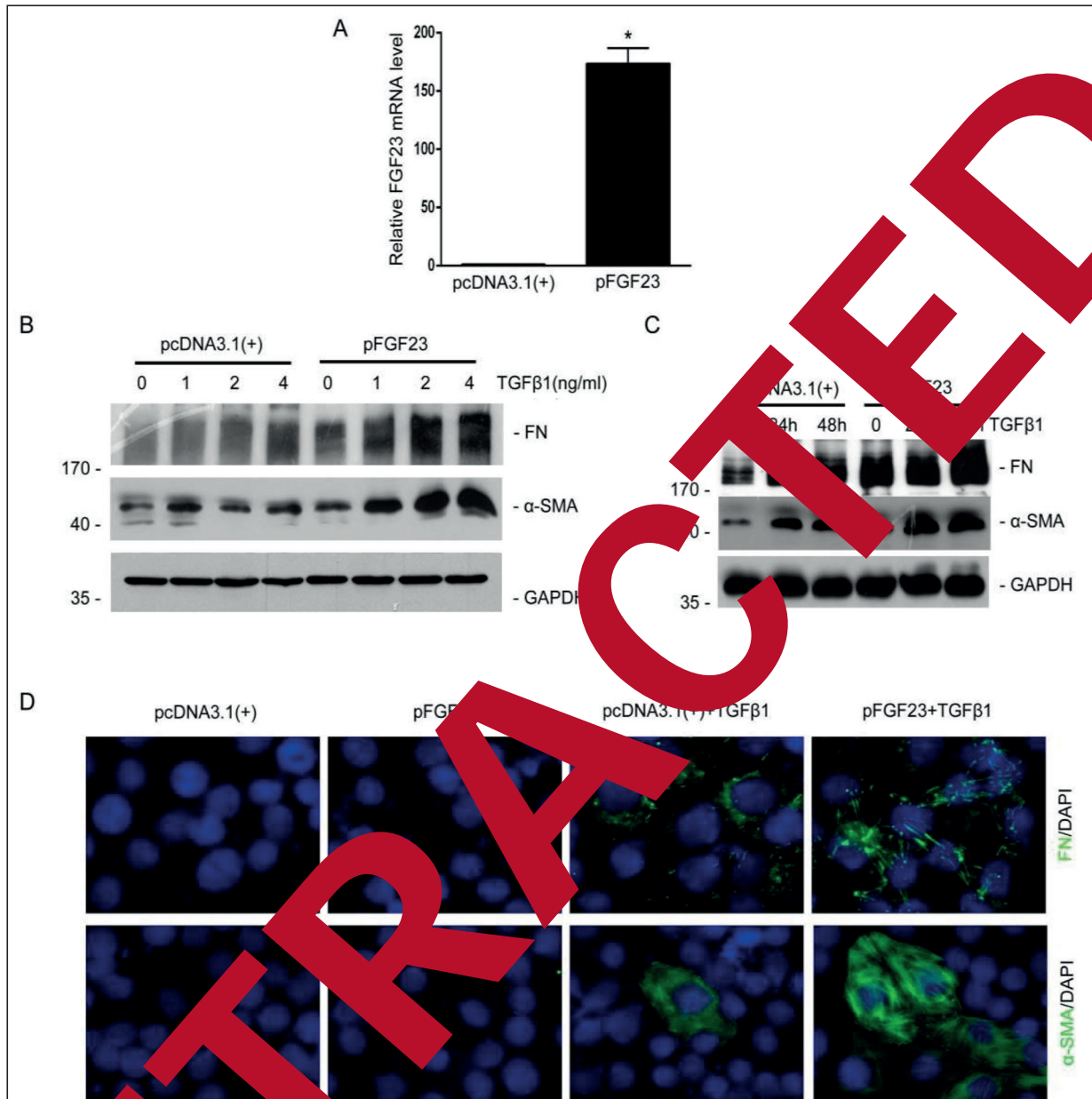
GF23 + TGF $\beta$ 1 group. The results showed that FGF23 mRNA level increased about 170-fold in NRK-52E cells after being transfected with 1.5  $\mu$ g FGF23 plasmid for 18 h (Figure 1A). Western blot showed that compared with pcDNA3.1 (+) TGF $\beta$ 1 cells, the extracellular matrix proteins, such as FN and  $\alpha$ -SMA, increased significantly (Figure 1B-C). Immunofluorescence staining results was consistent with Western blot results (Figure 1D).

#### Serum FGF23 Level Was Significantly Increased in Renal Interstitial Fibrosis Model UUO Mice

Epidemiology has shown that in early CKD patients, plasma FGF23 expression begins to increase and as the disease progresses to the advanced stage of renal disease, plasma FGF23 concentration in patients is 100-1000 times than the normal individuals. However, expression in the UUO model is not yet apparently clear. We selected CD-1 mice, they were sacrificed at 0, 1, 3, 7, and 21 days after UUO, and blood, urine, and kidney tissue samples were collected. Firstly, we measured the serum level of FGF23 in the mice. The results showed that the serum level of FGF23 reached a peak at the first day after surgery and decreased at postoperative day 3 and day 7. However, up to 21 days, the level of FGF23 remained at a high level (Figure 2A). Subsequently, we detected the mRNA level of FGF23 in renal tissue. As shown in Figure 3B, the mRNA level of FGF23 in the contralateral kidney tissue after UUO remained unchanged. In the UUO side renal tissue, the mRNA level of FGF23 was not altered at 1 day and 3 days after UUO, and there was a significant increase at postoperative day 7 and day 21 (about 10 times). It suggested that FGF23 level in the early stage of disease has little relationship with the kidney synthesis; so, kidney is not the main source of FGF23.

#### High Expression of FGF23 May Aggravate Renal Interstitial Fibrosis in UUO Mice

We first established a mouse model over-expressing FGF23. Plasmid injection was performed once a week, and a small amount of blood samples was collected from the orbital vein on the next day. Quantitative PCR showed that the mRNA level of FGF23 in liver tissue reached peak at the first day after injection, and decreased at postoperative day 3, day 7, and day 14, but still remained at a high level (Figure 3A). ELISA results showed that FGF23 in mice was maintained

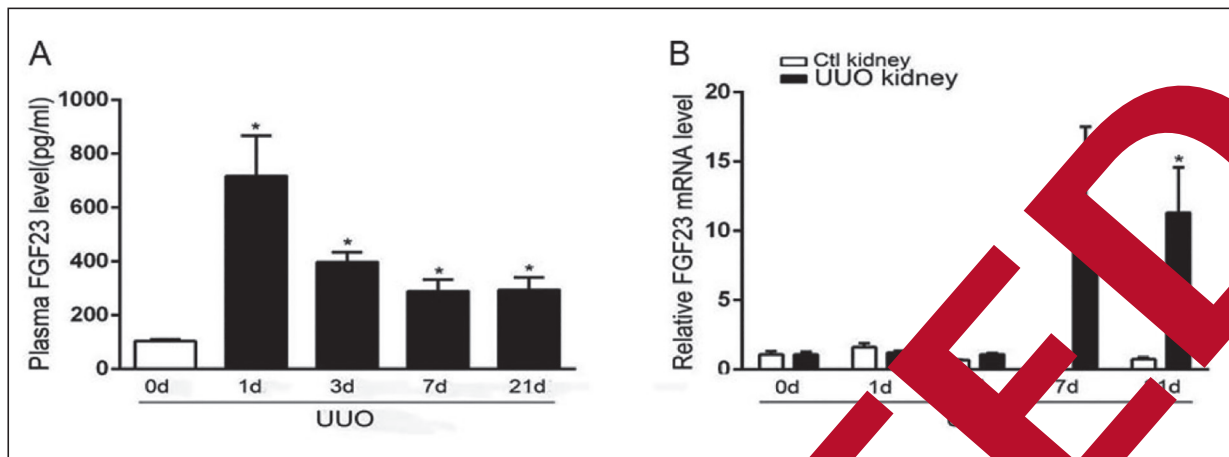


**Figure 3** FGF23 overexpression promotes TGF $\beta$ 1-induced extracellular matrix production in NRK-52E cells. **A**, Quantification of mRNA level of FGF23 in NRK-52E cells after transfected with full-length pFGF23 plasmid ( $*p < 0.05$ ,  $n = 3$ ). **B**, FGF23 increases the extracellular matrix production induced by TGF $\beta$ 1 in a dose-dependent manner in NRK-52E cells. **C**, pFGF23 increases TGF $\beta$ 1-induced extracellular matrix production in a time-dependent manner in NRK-52E cells. **D**, 48 h after transfection, immunofluorescence detection of the expressions of FN,  $\alpha$ -SMA and other molecules.

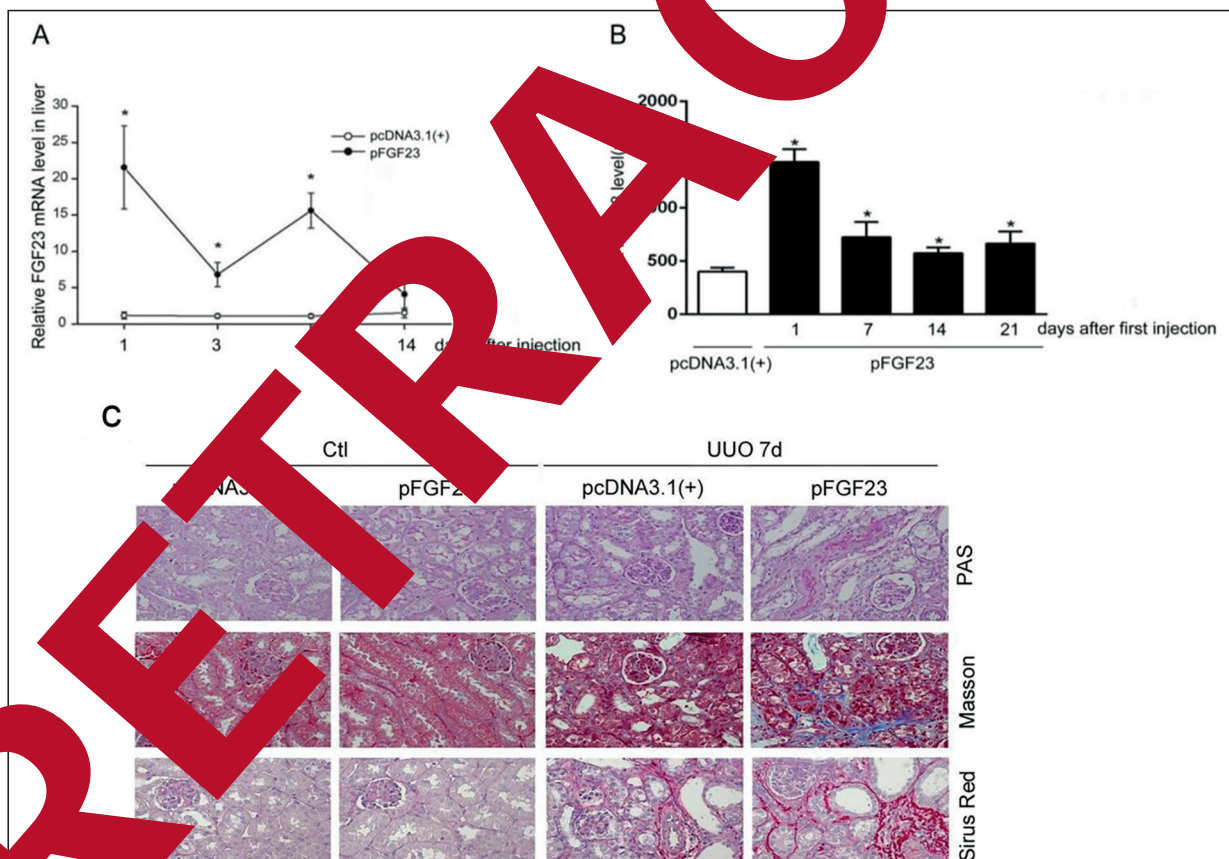
at a high level (Figure 3B). Therefore, for *in vivo* experiments, we injected the plasmids weekly at 100  $\mu$ l into the mice after the success of the UUO model establishment. Then, the full-length FGF23 plasmid was injected. 7 days after the operation, PAS, Masson, and Sirius Red stains were performed on mouse kidney tissues (including the contralateral and UUO side renal tissues). We found that there was

no evident pathological change in the pFGF23 group compared with the pcDNA3.1 (+) group in the contralateral kidney tissue. However, in the UUO side kidney tissue, collagen deposition in pFGF23 group was significantly enhanced compared with the pcDNA3.1 (+) group (Figure 3C). In the same group, contralateral kidney tissue, extracellular matrix protein in pFGF23 group





**Figure 2.** Serum level of FGF23 is significantly increased in the UUO mouse model of renal interstitial fibrosis. **A**, After the mice were modeled by UUO, their serum levels of FGF23 were measured at 1, 3, 7 and 21 days postoperatively ( $*p < 0.05$ ,  $n = 4-5$ ). **B**, Q-PCR showed the mRNA level of FGF23 in the renal tissues of the contralateral and UUO sides at different time points after UUO ( $*p < 0.05$ ,  $n = 4-5$ ).



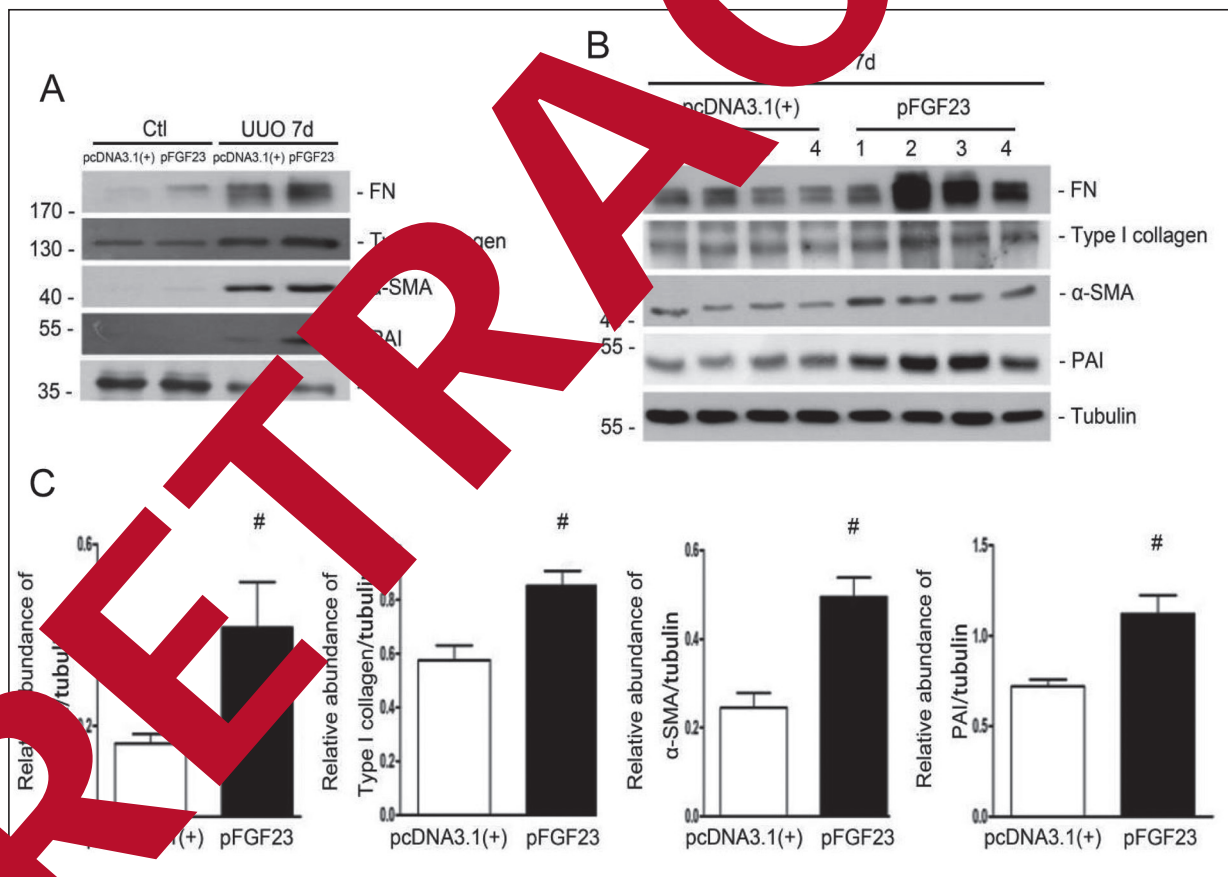
**Figure 3.** The mRNA and plasma level of FGF23 after injection FGF23 plasmid and pcDNA3.1+ in UUO mice and relevant pathological changes. **A**, Quantitative PCR showed that mRNA level of FGF23 in mouse liver at different time points after single injection of FGF23 plasmid ( $*p < 0.05$ ,  $n = 4-5$ ). **B**, ELISA detection for the serum level of FGF23, results showed that FGF23 was maintained at a high level in mice ( $*p < 0.05$ ,  $n = 4-5$ ). **C**, 7 d after UUO, mice were sacrificed, PAS, Masson and Sirius Red staining were performed on the entire kidney tissue including contralateral and UUO side renal tissues ( $\times 400$ ).

was slightly increased compared with pcDNA3.1 (+) group, which was more evident in renal tissues of UUO side (Figure 4A). Then, the UUO side renal tissue lysates of the same group and different mice were separated and subjected to Western blot analysis. As a result, FGF, Type I collagen,  $\alpha$ -SMA, PAI, and other extracellular matrix proteins were abundantly expressed (Figure 4B, 4C).

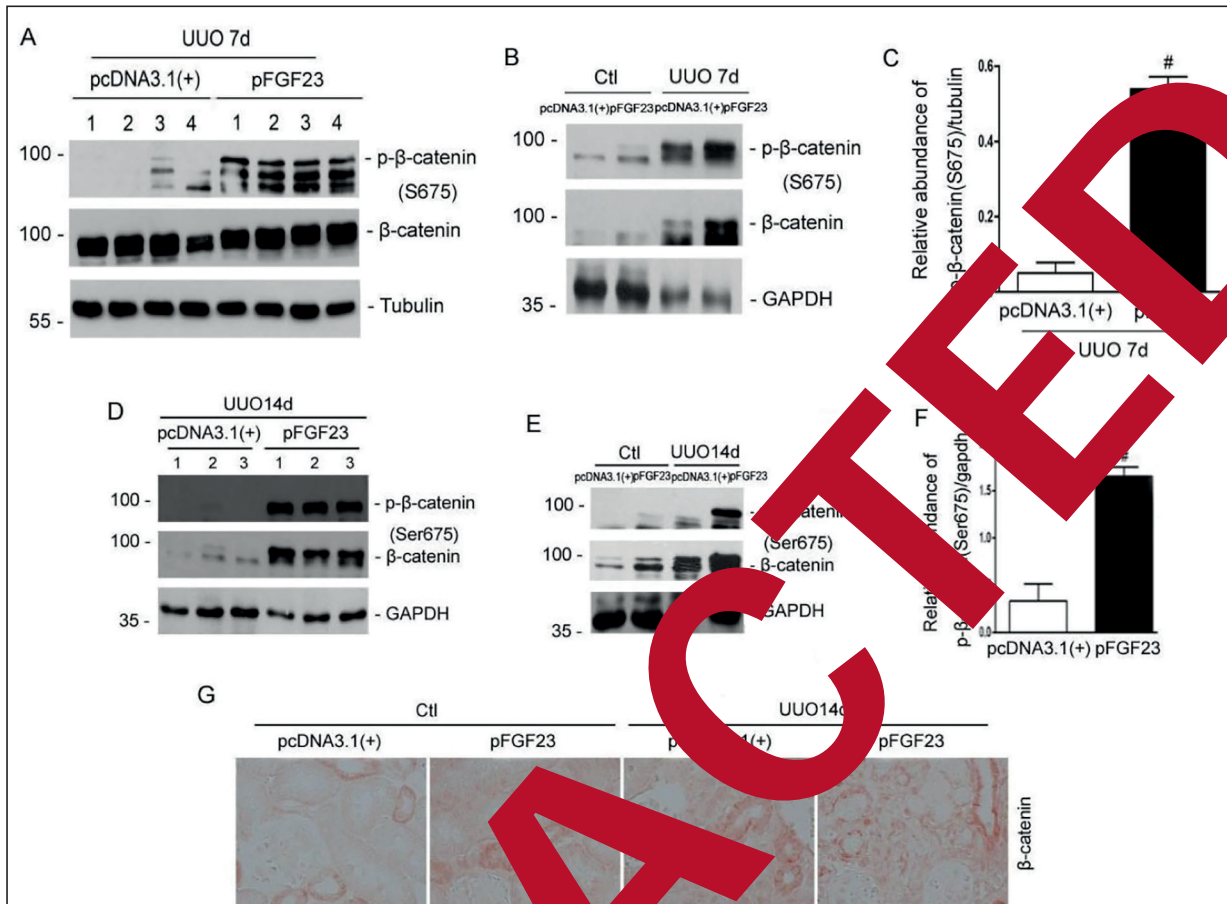
***$\beta$ -catenin Signaling in UUO Kidney Tissues of FGF23-overexpressing Mice Was Further Activated***

A large amount of literature<sup>24-27</sup> suggested that  $\beta$ -catenin signaling plays an important role in renal interstitial fibrosis. Klotho protein, a type I transmembrane protein, is mainly expressed in the proximal tubules of the kidney, parathyroid glands, and the choroid plexus of the brain<sup>28,29</sup>. Studies have confirmed that Klotho protein binds to FGFR, and then can specifically enhance the

binding of FGFR and FGF23<sup>30</sup>. It has been reported that the expression of Klotho protein in the kidney tissue of CKD patients shows a decreasing trend during the course and the Klotho protein may act against the fibrosis through the  $\beta$ -catenin signaling pathway<sup>31,32</sup>. Therefore, we do not know whether FGF23 produces extracellular matrix in NRK cells and aggravates the degree of renal interstitial fibrosis after UUO is achieved by  $\beta$ -catenin signaling. In UUO7d mice, the increase of  $\beta$ -catenin and p- $\beta$ -catenin (Ser675) in pFGF23 group and the increase of  $\beta$ -catenin at 1/5 in UUO side renal tissue were more obvious (Figure 5A-C); similar results were also found in UUO14d mice (Figure 5D). Immunohistochemical staining of UUO14d kidney tissue revealed that the number of  $\beta$ -catenin nuclei was increased in renal tubular epithelial cells of UUO side, which was more evident in pFGF23 group than in pcDNA3.1 (+) group (Figure 5G).



**Figure 4.** Overexpressed FGF23 can exacerbate renal interstitial fibrosis in UUO mice. **A-B**, 7 d after UUO, Western blot results of renal tissues. **C**, 7 d after UUO, quantitative analysis of histological extracellular matrix proteins FN, Type I collagen,  $\alpha$ -SMA, PAI in UUO side renal tissues ( $^{\#}p < 0.05$ , n = 4,  $^{\#}$ represents the contrast between the two groups in the UUO side kidney).



**Figure 5.** Further activation of  $\beta$ -catenin signaling in mouse kidney tissue in FGF23-overexpressing mice. **A-B**, 7 d after UUO, Western blot results of  $\beta$ -catenin activation. **C**, Quantitative analysis of p- $\beta$ -catenin (S675) in UUO side of renal tissues ( $^*p < 0.05$ ,  $n = 4$  #represents the UUO side). **D**, 14 d after UUO, Western blot results of  $\beta$ -catenin activation in renal tissues; **E**, 14 d after UUO, quantitative analysis of p- $\beta$ -catenin (S675) in UUO side renal tissues, ( $^*p < 0.05$ ,  $n = 3$  #represents the contrast between the two groups in UUO kidney). **F**, 14 d after UUO, immunohistochemical analysis of  $\beta$ -catenin in renal tissues ( $\times 400$ ).

### FGF23 Purification Promotes the Activation of $\beta$ -catenin in NRK-52E Cells

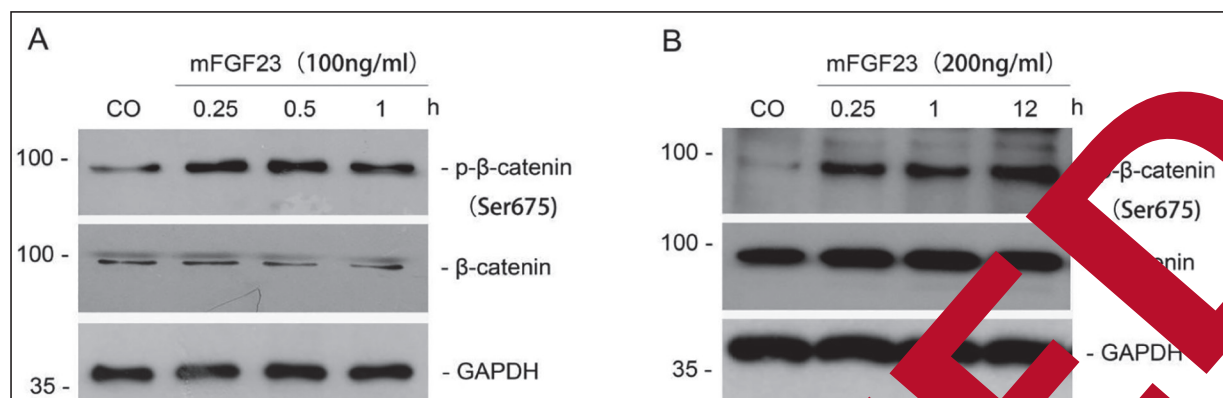
We hypothesized that FGF23 may cause the accumulation of extracellular matrix proteins by affecting the activation of  $\beta$ -catenin. *In vitro* cultured NRK-52E cells were treated with different concentrations of FGF23 purified eggs (mFGF23) at different time points. Effect of  $\beta$ -catenin protein activation was observed. The results showed that FGF23 promoted  $\beta$ -catenin signaling in a time-dependent and dose-dependent manner (Fig. 5A, B).

### Discussion

This study demonstrates that FGF23 increases TGF $\beta$ 1-induced aggregation of NRK-52E extra-

cellular matrix. Also, the mouse model of FGF23 overexpression was established by plasmid injection of tail veins. FGF23 was found to increase the renal interstitial fibrosis after UUO model. Western blot and immunohistochemistry showed that the effect of FGF23 may be related to the activation of  $\beta$ -catenin signaling.

In this experiment, we first proposed that serum level of FGF23 was significantly increased in mice from UUO-induced renal interstitial fibrosis model, which achieved the peak one day after UUO. Quantitative PCR showed that mRNA level of FGF23 in renal tissue from early stage was not significantly altered, which was increased significantly 7 days and 21 days after UUO. It was suggested that dramatic change of FGF23 level in early stage has little relationship with the renal synthesis; osteoblast secretion is still its



**Figure 6.** FGF23 promotes  $\beta$ -catenin signaling in NRK-52E cells. **A**, NRK-52E cells were treated with 100 ng/ml mFGF23 for 0.25 h, 0.5 h and 1 h, respectively. Western blot was used to detect the expression of p- $\beta$ -catenin (Ser675) and  $\beta$ -catenin. **B**, 200 ng/mL mFGF23 were used to treat NRK-52E cells at 0.25 h, 1 h and 12 h. Western blot was used to detect the p- $\beta$ -catenin (Ser675) expression.

main source. As the course of disease progressed, the synthesis of FGF23 in the kidney tissue of the UUO increased, but it is unclear which cells of the kidney are involved in the synthesis of FGF23. Effect of the secreted FGF23 involved in the pathological damage of the renal tissue is also unknown.

Wnt/ $\beta$ -catenin signaling plays a very important role in the process of renal interstitial fibrosis. As early as 2010, studies have reported that *in vivo* injection of FGF23 purified protein in mouse marks the co-localization of  $\beta$ -catenin and klotho protein<sup>33</sup>. Subsequently, reports indicated that Klotho protein is involved in the regulation of Wnt pathway. Currently, no specific studies are focused on FGF23 and  $\beta$ -catenin signaling. In this investigation, UUO nephropathy was used as the disease model and found that after overexpression of FGF23, the activation of p- $\beta$ -catenin (Ser675) on the UUO side of the experimental group was significantly increased. This result was further confirmed in the *in vitro* culture of NRK-52E cells. TGF $\beta$ 1 was a common stimulator of  $\beta$ -catenin signaling. TGF $\beta$ 1 induced fibrosis promotion through the Rictor/mTORC2 signaling pathway and involved in the development of renal fibrosis. However, the correlation between FGF23-induced fibrosis and TGF- $\beta$ 1/ $\beta$ -catenin signaling is still unclear and needs to be further explored.

### Conclusions

FGF23 was first discovered by Japanese scholars in 2000. With further research, a large num-

ber of epidemiological studies have shown that serum level of FGF23 is significantly associated with disease progression in patients with CKD. FGF23 can be used as an important biological indicator to assess the occurrence, development and clinical prognosis of disease. However, the specific physiological role of FGF23 in CKD remains unclear. We found that high level of FGF23 can directly increase renal interstitial fibrosis caused by UUO, which also provides a new basis for clinical treatment.

### Conflict of Interest

The Authors declare that they have no conflict of interests.

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