

Percutaneous cholecystostomy in the treatment of acute cholecystitis: is there still a role? A 20-year literature review

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Abstract. – OBJECTIVE: Percutaneous cholecystostomy (PC) is used for the treatment of acute cholecystitis in patients with high surgical risk due to the severity of cholecystitis and/or the underlying acute or chronic medical comorbidities. The evidence for this strategy is unclear.

MATERIALS AND METHODS: We searched PubMed and the Cochrane databases for English-language studies published from January 1979 through December 31, 2019, for randomized clinical trials (RCTs), meta-analyses, systematic reviews, and observational studies.

RESULTS: The two randomized studies that have compared PC with cholecystectomy (CCY) or conservative treatment have shown that the clinical outcomes did not differ significantly between the groups. Similar results have been found in the large majority of retrospective cohorts or single-center studies that have compared PC with CCY.

CONCLUSIONS: PC does not seem to offer any benefit compared with CCY in the treatment of acute cholecystitis in patients with high surgical risk due to the severity of cholecystitis and/or the underlying acute or chronic medical comorbidities. A large, prospective, randomized study that compares percutaneous PC and CCY in patients with high surgical risk and/or moderate to severe cholecystitis is warranted.

Key Words:

Cholecystostomy, Cholecystectomy, Acute cholecystitis.

surgical risk due to the severity of cholecystitis and/or the underlying acute or chronic medical comorbidities¹⁻²⁰. In particular, PC has been proposed for patients with acalculous cholecystitis, a typical complication of an existing disease in a critically ill patient or after surgery, trauma, anorexia, or burns.

PC is usually performed under local anesthesia and under ultrasound or CT scan guidance. The drainage of the infected bile through the PC leads to a decrease of the inflammatory status and to an improvement of the clinical conditions of the patient. PC may be a definitive treatment in patients whose general conditions are not expected to improve or may represent a bridge to eventual delayed elective CCY. Generally, the PC procedure has a high successful rate defined as the clinical improvement within 48-72 hours after the PC itself. Not rarely, the slippage of the PC catheter may occur²¹.

Many studies of single institutions have reported the short-term and long-term results associated with the use of PC²²⁻²¹. Recently, a systematic review that included the only two available randomized studies has concluded that it was impossible to determine the role of PC in the management of high-risk surgical patients with acute cholecystitis²². However, some retrospective studies have compared PC and CCY (CCY) in terms of clinical outcomes, such as in-hospital mortality, postoperative morbidity, hospital stay and readmission rate²³⁻³⁰.

The aim of the present narrative review is to review all these studies, to define whether PC offers real advantages with respect to CCY and to determine if there is evidence to consider PC the procedure of choice in the treatment of acute cholecystitis in high risk surgical patients.

Introduction

Since 1980, percutaneous cholecystostomy (PC) has been proposed and used for the treatment of acute cholecystitis in patients with high

Materials and Methods

We searched PubMed and the Cochrane databases for English-language studies published from January 1979 through December 31, 2019, for randomized clinical trials (RCTs), meta-analyses, systematic reviews, and observational studies. We also manually searched the references of selected articles, reviews, meta-analyses, and practice guidelines. Selected articles were mutually agreed upon by the authors.

Results

Single-Arm Studies

A large number of single-arm studies²⁻²¹ has described the clinical outcome of PC in patients with acute cholecystitis. These studies have been the object of an excellent recent systematic review²². This review has shown that mortality resulting from the PC was low (0.36%) and the 30-day or in-hospital mortality was 15.4%. In addition, it is suggested that the 0.96% mortality rate of elective CCY following cholecystostomy should be added. Interestingly, the mortality rate of PC significantly decreased from 22.1% to 13.3% for studies published before and after 1995, respectively²².

Retrospective Single-Center Studies

Four studies have retrospectively evaluated the clinical outcomes of PC and CCY using databases of a single surgical institution (Table I). In the study of Abi-Hadar et al²³, compared with CCY, PC patients had longer intensive care unit stays, more complications per patient, and higher readmission rates. La Greca et al²⁴ studied 646 patients with acute cholecystitis, 90 had placement of a PC at their index hospitalization, and 556 underwent CCY. In the ASA score 1-2 group, patients with PC were significantly older and had a longer postoperative stay while their mortality and morbidity were similar to patients who underwent CCY. In patients with ASA score of 3, PC and CCY did not differ significantly for demographic variables and clinical outcomes, such as hospital stay, in-hospital mortality postoperative complications and distribution of complications. In general, in mild, moderate and severe cholecystitis, the clinical outcomes did not differ significantly between patients who received PC and CCY. Morbidity was higher in patients with mild cholecystitis who underwent

PC. Of the 77 patients dismissed from the hospital with drainage, 12 (15.6%) developed biliary complications and 5 needed substitutions of the drainage itself. The 10-year retrospective cohort analysis of patients with acute cholecystitis managed by PC (n=114) or CCY (n=234) of Loftus et al²⁵ demonstrated that, after matching for age, comorbidity and cholecystitis severity grade, PC patients had higher 30-day mortality (14.3 vs. 2.4%, $p=0.109$) and 180-day mortality (28.6 vs. 7.1%, $p=0.048$). In the study of Garces-Albir et al²⁶, including 461 patients, the results of PC were worse compared to EC: 30-day mortality (8.6 vs. 1.7%, OR 18.4), 90-day mortality (10.4 vs. 2.1%, OR 10.3), length of stay (days) (13.21 ± 8.2 vs. 7.48 ± 7.67 , OR 8.7) and readmission rate (35.1 vs. 12.6%, OR 4.7).

Retrospective Studies Using National Databases

Some studies have utilized national discharge database to examine the difference in outcomes for patients who received PC compared with CCY, in patients with acalculous or calculus cholecystitis (Table II)²⁷⁻³³. Simorov et al²⁷ showed that the severely ill elderly patients of the University Health System Consortium, undergoing PC, compared with those who received laparoscopic CCY, showed decrease morbidity, fewer intensive care unit admission, decreased length of stay and lower costs. Conversely, Anderson et al²⁸, who retrospectively studied about 307,000 patients with acute cholecystitis of the US Nationwide Inpatient Sample database from 1998-2010, have shown that patients who received PC had a decreased complication rate but an increased odds of death and longer length of stay and higher total charges compared with patients with CCY²⁷. The same authors analyzed the California Office of Statewide Health Planning and Development Patient Discharge Data. They found that in patients with severe sepsis and shock, after adjusting for age, comorbidities and other variables, there was no difference in survival with cholecystostomy versus no intervention (hazard ratio [HR] 1.13, $p = 0.256$), although patients with CCY (with or without prior cholecystostomy) improved survival (HR 0.29, $p < 0.001$; HR 0.56, $p < 0.001$)²⁹. According to Dimou et al³⁰, in 8,818 elderly patients of the Medicare database hospitalized for grade III cholecystitis, percutaneous CCY was associated with higher 30-day and 90-day mortality, longer length of hospital stays, and higher

Table I. Single-center studies comparing cholecystostomy with cholecystectomy in the treatment of acute cholecystitis.

Author	Type of study	Type and number of patients	Mortality (%)	Postoperative complications (%)	Hospital stay (days)
Abi-Haidar et al ²³	Retrospective	PC = 51 CCY = 150	PC = 5.9 CCY = 0 $I < 0.01$	PC = 84.3 CCY = 72 $p = 0.08$	PC = 5.9 ± 8.5 CCY = 2.3 ± 6.2 $p = 0.008$
Loftus et al ²⁴	Retrospective	PC: 114 CCY: 234 Matched PC and CCY by age and severity of cholecystitis PC = 42 CCY = 42	At 30 days: PC: 14.3; CCY: 2.4; $p = 0.109$ At 180 days: PC: 28.6%; CCY: 7.1%; $p = 0.048$ Matched PC and CCY by age and severity of cholecystitis At 30 days: PC: 5.5; CCY: 6.8; $p = 0.228$ At 180 days: PC: 14%; CCY: 16.5%; $p = 0.382$		
La Greca et al ²⁵	Retrospective	Patients with ASA 3 score PC = 59 CCY = 58 Patients with Grade III cholecystitis PC = 29 CCY = 28	Patients with ASA 3 score PC = 6.7 CCY = 1.7 $p = 0.366$ Patients with Grade III cholecystitis PC = 10.3 CCY = 0 $p = 0.236$	Patients with ASA 3 score PC = 33.8 CCY = 25.9 $p = 0.420$ Patients with Grade III cholecystitis PC = 44.8 CCY = 17.8 $p = 0.177$	Patients with ASA 3 score PC = 11.8 ± 10.7 CCY = 12.1 ± 10.7 $p = 0.879$ Patients with Grade III cholecystitis PC = 12.9 ± 12.6 CCY = 13 ± 8.3 $p = 0.972$
Garces-Albir ²⁶	Retrospective	PC = 222 CCY = 239 CCY = 1.7	30-day mortality PC = 8.6 $p = 0.017$ $p = 0.001$ 90-day mortality PC = 10.4 CCY = 2.1 $p \leq 0.001$	PC = 14 CCY = 22.6 $p \leq 0.001$	PC = 13.2 ± 8.2 CCY = 7.4 ± 7.6

PC, percutaneous Cholecystostomy; CCY; cholecystectomy.

complication and readmission rates. Hall et al³¹ analyzed the Vizient UHC database for high-risk patients with calculous cholecystitis who underwent percutaneous cholecystostomy (20% of patients), laparoscopic CCY (67.5%), open CCY (6.8%) or laparoscopic CCY converted to open (7.9%). Mortality was significantly higher for PC (10.7%) and OC (8.3%) than for CONV (2.2%) and LC (0.8%). The overall incidence of postoperative complications was similar for PC (13.2%), OC (18.5%), and CONV (15.4%) but significantly lower for LC (4.8%). Similarly, the length of the hospital was significantly lower for LC (7.2 ± 6.5) than for PC (14 ± 14.9), CONV (12.3 ± 15) and OC (17.2 ± 15).

A recent study³² conducted in Taiwan, including 236,742 patients, 11,184 of whom undergone PC and 225,558 of whom undergone CCY, has shown that PC was associated with higher mortality, higher rate of cholecystitis recurrence, higher frequency of readmission for complications, longer hospital stays and generated higher costs.

Sanaiha et al³³ retrospectively analyzed the cohort of non-elective admissions for acute cholecystitis from 2010 to 2015 using the nationwide readmissions database for adults ≥ 65 years with evidence of end-organ dysfunction (grade 3). As result, they found that of the estimated 358,624 patients, 14.9% underwent PC, 15.7% OCY and 69.4% laparoscopic CCY. PC had significant-

Percutaneous cholecystostomy

Table II. Large database studies comparing cholecystostomy with cholecystectomy in the treatment of acute cholecystitis.

Author	Type of study	Type and number of patients	Mortality (%)	Postoperative complications (%)	Hospital stay (days)	Readmission (%)
Simorov et al ²⁷	Cohort	Elderly patients PC = 704 CCY = 1021	PC = 2.6 CCY=2.1 <i>p</i> = NS	PC = 5 CCY=8 <i>p</i> < 0.05	PC = 7 (5-10)* CCY = 8 (5-12)*	PC = 29 CCY = 16.1 <i>p</i> < 0.05
Anderson et al ^{28*}	Cohort	PC = 3691 CCY = 244538	PC= 11.5 CCY= 1.1 <i>p</i> < 0.001	PC = 4.1 CCY=8.5 <i>p</i> < 0.001	PC = 12.7 (12.2-13.1) CCY = 5.1 (5.1-5.1) <i>p</i> < 0.001	Not reported
Anderson et al ^{28**}	Cohort	PC = 4329 CCY = 54189	PC = 14.2 CCY = 2.6 <i>p</i> < 0.001	PC = 6.9 CCY = 10.4 <i>p</i> < 0.001	PC=14.9 (14.4-15.4) CCY = 6.7 (6.6-6.8) <i>p</i> < 0.001	Not reported
Anderson et al ^{29**}	Cohort	PC=1216 CCY=27578 PC+CCY=521 CT=14115	PC = 61.7 CCY = 23 PC+CCY=34.5 CT=42 <i>p</i> < 0.0001	Not reported	Not reported	Not reported
Dimou et al ³⁰	Cohort	Grade 3 cholecystitis CCY = 22.6; PC: 563 CCY: 1689	In-hospital: PC = 24 vs. CCY=6.4 <i>P</i> = NS 30-day: PC = 38.9 vs. CCY = 32.7; <i>p</i> = 0.008 90-day: PC = 64.8 vs. CCY = 59.1; <i>p</i> = 0.016	Surgical site infection: <i>p</i> < 0.001 CCY=3.9 Pneumonia: PC = 34.1 CCY = 36	PC = 13 CCY = 10 <i>p</i> < 0.001	PC = 14.6 CCY = 5.3
Hall et al ³¹	Cohort	High risk patients PC = 1682 CCY = 658 LC = 6456 CONV = 765	PC = 10.7 CCY = 2.22 LC = 0.85 CONV=8.63 <i>p</i> < 0.05	PC = 13.2 CCY = 18.5 LC = 4.8 CONV = 15.4 <i>p</i> < 0.05	PC = 14 ± 14.9 CCY = 17.2 ± 15 LC = 7.2 ± 6.5 CONV = 12.3 ± 15 <i>p</i> < 0.05	PC = 0.54 CCY = 0 LC = 0 CONV = 0 <i>p</i> < 0.05
Lu et al ³²	Cohort	Elderly or critically ill PC = 11184 CCY = 225558	PC = 16.3 CCY = 2.2 <i>p</i> < 0.001	PC = 2.07 CCY = 4.03 <i>p</i> < 0.001	PC = 17.2 ± 7.2 CCY = 9.5 ± 1.1 <i>p</i> = 0.001	PC = 3.4 CCY = 1.3 <i>p</i> < 0.001
Sanaiha et al ³³	Cohort	Grade 3 cholecystitis PC = 15884 OC = 16801 LC = 74144	PC = 15 OC = 7 LC = 2.5 <i>p</i> < 0.001	PC = 60 OC = 45 LC = 25 <i>p</i> < 0.001	PC = 10 OC = 10 LC = 6 <i>p</i> < 0.001	PC = 1.8 OC = 1.1 LC = 1.0 <i>p</i> < 0.001

PC, percutaneous cholecystostomy; CCY, cholecystectomy; OC, open cholecystectomy; LC, laparoscopic cholecystectomy; CT, conservative treatment. *calculous cholecystitis; **acalculous cholecystitis.

ly higher odds of mortality (AOR 5.8, 95% CI 5.1-6.6), composite morbidity (AOR 3.8, 95% CI 3.5-4.1), early (AOR 1.9, 95% CI 1.7-2.0) and intermediate (AOR 2.2, 95% CI 2.0-2.5) readmission compared to LC and OC. After adjusting for institutional cholecystectomy volume, transfer status, frailty, and patient comorbidities, includ-

ing malignancy, acute pancreatitis, and cholangitis, PC and OC had significantly higher odds of inpatient mortality and composite morbidity compared to LC. After risk-adjustment, PC and OC had greater odds of early readmission compared to LC, while only PC was associated with increased odds of 31-90-day rehospitalization.

Table III. Prospective, randomized studies. PC, percutaneous cholecystostomy; CCY, cholecystectomy.

Author	Type of study	Type and number of patients	Mortality (%)	Postoperative complications (%)	Hospital stay (days)
Hatzidakis et al ³⁴	Randomized	High risk patients PC=63 Control: 60	PC = 17.5 Control = 13.3 $p = 0.621$	PC = 13.6 Control = 7.1 $p = 0.325$	Not reported
Akyurek et al ³⁵	Randomized	High risk patients PC = 31 CCY = 30	PC = 0 CCY = 3.3 $p = 0.652$	PC = 2.7 Control = 6.1 $p = 0.385$	Shorter after PC

Prospective, Randomized Studies

Two randomized studies only have compared PC with CCY or conservative treatment (Table III). In the study of Hatzidakis et al³⁴, patients were randomized to PC with antibiotics or antibiotics alone. The 30-day mortality (17.5% vs. 13.3%) and the overall morbidity (13.6% vs. 7.1%) did not differ between the two groups. Akyurek et al³⁵ randomized 61 patients with acute cholecystitis to PC followed by an early laparoscopic CCY (N=31) or to conservative treatment followed by a delayed laparoscopic CCY (N=30). The 30-day mortality (0% vs. 3.3%) and the overall morbidity (2.7% vs. 6.1%) were similar in the two groups.

Discussion

According to the Tokyo Guidelines, patients affected by acute cholecystitis with organ dysfunction, who represent a very high-risk cohort who may be unfit for cholecystectomy, should be treated by early PC performed in local anesthesia. By the analysis of the data of many national cohorts²⁷⁻³³, there is evidence that PC has been performed with higher frequency in the last years.

However, the present narrative review shows that PC does not seem to offer any benefit compared with CCY in the treatment of acute cholecystitis in patients with high surgical risk due to the severity of cholecystitis and/or the underlying acute or chronic medical comorbidities.

Two randomized studies^{34,35}, the ones conducted so far, have shown that mortality and morbidity did not differ between patients with acute cholecystitis who received PC or CCY.

In addition, numerous large database studies have shown that PC, when compared with CCY, was associated with higher morbidity and

mortality and longer hospital stay. In addition, readmission rate was also significantly higher and exposed the patients to further risk of morbidity and mortality²⁷⁻³³.

In particular, two recent large cohort studies^{32,33} including thousands of patients deserve great attention. These studies, including elderly/critically patients in one case or patients with grade 3 cholecystitis in the other case, clearly demonstrate that PC is associated with significantly higher 30-day mortality, postoperative complications, readmission rate, as well as with a significantly longer hospital stay, also after adjustment for comorbidities and other risk factors. Nevertheless, it is clear that such studies have several important limitations inherent to their retrospective nature and use of an administrative database.

Cautiously, the results of the present narrative review question if PC may reasonably continue to be offered to patients affected by acute cholecystitis and strongly suggest that there is the urgent need for a prospective, randomized study that compares percutaneous PC and CCY in patients with high surgical risk and/or moderate to severe cholecystitis.

The role of percutaneous cholecystostomy in the treatment of cholecystitis in patients who are defined “unstable” or “not surgical candidates for operative therapy” in the routine clinical practice, a condition more severe than high risk surgical patient, remains also to be defined.

Conclusions

The role of cholecystostomy in the treatment of acute cholecystitis seems controversial, today. A large, prospective, randomized study that compares percutaneous PC and CCY in patients with high surgical risk and/or moderate to severe cholecystitis is warranted in the next future.

Conflict of Interest

Dr. Antonio Crucitti, Dr. Maurizio Bossola, Dr. Sabina Magalini, Dr. Daniele Gui, Dr. Antonio La Greca, have no conflicts of interest or financial ties to disclose.

Authors' Contribution

All authors contributed to the conception or design of the work; or the acquisition, analysis, or interpretation of data for the work; drafting the work or revising it critically for important intellectual content; and final approval of the version to be published.

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